

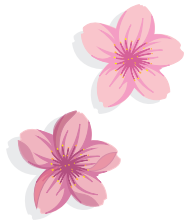


2024-2025



Involve, Evolve

APRIL 2025



## **OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non - Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967



## **Postal Address:**

Indus International  
DBS Business Centre  
213 Raheja Chambers, 2nd Floor  
Free Press Journal Marg  
Nariman Point  
Mumbai 400 021

**Website:** [www.indusinternational.org](http://www.indusinternational.org)

**Email:** [membershipindus@gmail.com](mailto:membershipindus@gmail.com)

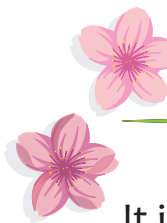
**Instagram:** indusinternational Mumbai  
Indus International



# April at a Glance



DATE	ACTIVITY	SPEAKER	VENUE
Tuesday 1st	Executive Meeting		Sheena Kataria Shiv Shanti Bhuvan, 4th floor 11th Bldg after EROS theatre 146 Maharshi Karve Road Opposite Oval Maidan Churchgate, Mumbai
Friday 4th	Performing Arts	Indus Fashion Show	Indira Kilachand Kilachand House 95, Nepean Sea Road Mumbai 400006
Tuesday 8th	Arts and Handicrafts	Bijay J. Anand	Gopi Vaid 13 Normandie, Carmichael Road Mumbai 400026
Thursday 10th	Health and Ecology	Jyoti Dabholkar	Rupande Parekh P92, Kailas Bldg 4th floor, Flat no 20 50 Peddar Road Next to Marble Arch Building 2 bldgs before HSBC Bank Mumbai 400 026
Friday 11th	History and Culture	Pooja Gupta Nilesh Narayan	Zoom meeting
Tuesday 15th	Philosophy and Religion	Persis Vatcha	Nisha Mehta P92, Kailas Bldg 4th floor, Flat no 20 50 Peddar Road Next to Marble Arch Building 2 bldgs before HSBC Bank Mumbai 400026
Thursday 17th	Book Discussion	Preeti Maria	Preeti Maria A1303, Raheja Vivarea Sane Guruji Marg Jacob Circle Mumbai 400011
Tuesday 22nd	Annual General Meeting		Blue Sea Banquets Worli Sea Face Mumbai 400030



# From The Desk of The Presidents

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It is April already! The year has flown by and given us some fabulous friendships, experiences and learnings.

We are truly grateful to our Board and Executive Committee members who have planned outstanding meetings and events during the year.

A huge thank you to all the members who have worked endlessly behind the scenes to maintain the ethos of Indus: Members of Advisory, Nominating, Membership, Database, Disbursement, Ad-hoc, Whatsapp and Email, Social Media, Database, and Travel committees and the members who worked tirelessly for all our events. Your tremendous efforts and faultless planning has made this year so easy for us.

Now we will meet at the AGM where we will present the new Board and Executive committee to you:

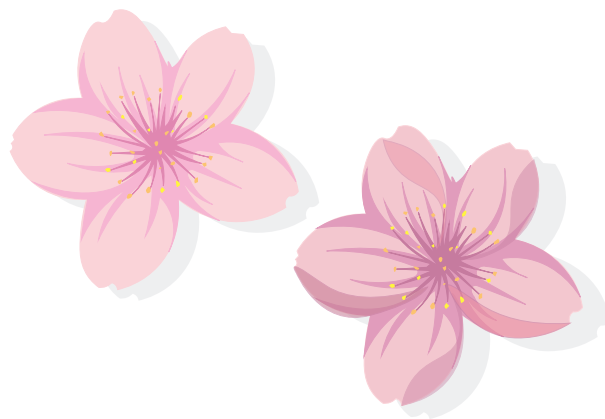
SAME TIME: 11:00 am to 12:30 pm

SAME PLACE: Blue Sea Banquets

ON 22nd April

**Medha Chinai**

**Soledad Gramajo**



# Indus International Proposed Board 2025-2026

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**On behalf of the Nominating Committee, it is our pleasure to present the Indus International Proposed Board and Executive Committee for 2025-26:**

## **PRESIDENTS**

**Armaity Sumariwala**  
+91 98202 84858  
armaitys@gmail.com

**Gülçin Körpe**  
+91 98204 75552  
koerpe.guelcin@gmail.com

## **VICE PRESIDENTS**

**Ranjana Mahadevia**  
+91 98201 36941  
ranjanamahadevia@gmail.com

**Kristin Mehta**  
+91 98197 46979  
kristin.donaldson3@gmail.com

## **SECRETARIES**

**Jeanie Madan**  
+91 98201 80997  
jjmadan@gmail.com

**Dorothy (Dottie) Wagle**  
+ 91 98670 17017  
dottiewagle@gmail.com

## **TREASURERS**

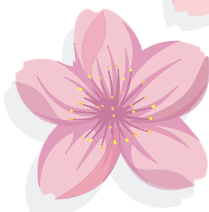
**Neeta Merchant**  
+91 98676 43230  
neetamerchant@goodearth.in

**Jaya Chawla**  
+ 91 98205 08007  
j\_chawla@hotmail.com

## **MEMBERSHIP TREASURERS**

**Nicola Gerber**  
+91 9820682450  
nicola@fusionstudio.eu

**Christina Mirani**  
+91 7045201350  
chris.mirani@gmail.com





# Indus International Proposed Executive Committee 2025-2026

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## ART & HANDICRAFTS

**Reema Pahuja**

+ 91 98203 54081

reematmj@gmail.com

## BOOK DISCUSSION

**Sejal Mody**

+ 91 98332 63464

sejal@eragon.co.in

## CURRENT EVENTS

**Ritu Prakash**

+91 98200 49520

galleria.bombay@gmail.com

## COOKING SWAPSHOP

**Leena Vaid**

+ 91 98201 55541

leenashavaid@gmail.com

## HISTORY & CULTURE

**Varsha Alwani**

+91 98332 21315

varshaalwani@gmail.com

## HEALTH & ECOLOGY

**Sunita Nahar**

+91 98202 80782

sunitanahar@hotmail.com

## MUSIC

**Gita Purandare**

+ 91 98201 86374

gitapurandare@gmail.com

## PERFORMING ARTS

**Avantika Akerkar**

+ 91 98200 97677

anatikaakerkar@gmail.com

## PHILOSOPHY & RELIGION

**Sangeeta Javeri**

+ 91 98208 10510

javerisangeeta@gmail.com

## NOMINATING COMMITTEE

**Nina Kilachand, Chairperson**

**Indira Kilachand**

**Anupam Anand**

**Soledad Gramajo**

**Maria Bharwani**

+ 91 98200 33651

mariakaajalsoni@gmail.com

**Andrea Wrumnig**

+91 81081 63123

awrumnig@gmail.com

**Elizabeth (Lizzie) Chapman**

+91 99209 89650

lizziechapman@gmail.com

**Sasha Zaveri**

+91 88796 85365

zaverisasha@gmail.com

**Kavita Aswani Chadda**

+ 91 77386 27269

+ 34 6202 05998 (WhatsApp)

kavitachaddaswani@gmail.com

**Els Reynaers**

+ 91 98218 70055

els@mvkini.com

**Fiona Rouse**

+91 98929 69839

dubairouse@gmail.com

**Nandhini Ashok**

+ 91 98200 23578

ashoknandhini.t@gmail.com

**Binaifer Havaladar**

+ 91 98200 23120

binaiferh@gmail.com

**Mikki Hairiani**

**Ravit Kedem**

**Medha Chinai**

# Notice Board



## Condolences

Our deepest condolences to the family of our member Nalina (Nelly) Mansukhani on her demise.

## Congratulations

To Vrinda Jhunhunwall on the birth of her granddaughter.

## Newsletter

Monthly newsletters will be sent by email and WhatsApp to all members. A hard copy of the newsletter will **NOT** be sent by post. Do update your email address with the Membership Treasurers.

## Annual Membership Dues

All members, including **Active, Inactive, Seniors and Non-residents**, shall pay the annual membership fees of Rs 3,500/-. Following are the payment options:

**Option 1: Cheque payment** – Please send a crossed cheque made payable to **Indus International** and send it to the Treasurers or to the following members before 31st May 2025. **Please do NOT staple the cheque.**

### Ami Ambani

3B Altview Building  
7 Altamount Road, Mumbai 400026  
Mobile: 9867661286  
Email: aminiraj@hotmail.com

### Padam Chadda/Kavita Aswani Chadda

162/B, Jolly Maker Apartments 1,  
Cuffe Parade, Mumbai 400005  
Mobile: 0034620205998 WhatsApp (Kavita), 9223220655 (Padam)  
Email: kavitchaddaswani@gmail.com

Note: Please inform Ami Ambani or Kavita A. Chadda (as appropriate) by WhatsApp that the membership payment is being sent to them.

## NO Bank Transfers

### Option 2 : CASH to be given at AGM

The Membership Renewal form is on page 26, followed by the Participation form. Members are requested to print, fill stick an updated photograph and submit the forms at the Annual General Meeting.



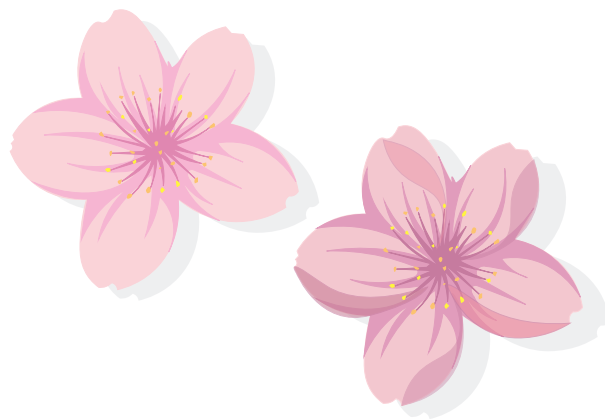


# Final Disbursement 2024-25

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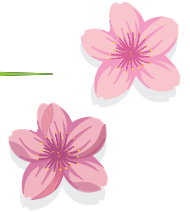
Organization	Project	Amount
Bombay Foundation for the DEAF	Skill training for deaf women	125000
Society for Education for the Challenged	To better the quality of education	125000
MESCO	To better the quality of education and empowerment to marginalized women	125000
V Care Foundation	To support active treatment and to sponsor bags for medicine and drainage tubes	100000
Passages	Donation towards medicine bank project, distributing chemotherapy tablets	100000
Beti Association Charity	For girls' education for the poor and marginalized	100000
Kshitij	To provide vocational and functional skills to train individuals with intellectual disabilities	100000
Angel Express Foundation	Tutor mentor and guide children from the slums	100000
		<b>875000</b>





# Notice Board

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## **Advisory Committee 2024-2025**

- Kamal Mulla
- Rachel Bhot
- Annu Toshniwal

## **AdHoc Committee 2024-2025**

- Saroj Prakash, Founder Member
- Christina Mirani
- Pervin Poonawalla
- Tinu Shanghvi
- Sunita Khandelwal
- Surbhi Tanna
- Shireen Desai
- Ravit Kedem
- Nicola Gerber
- Nazneen Dubash
- Dolat Kotwal
- Medha Chinai
- Dinoo Prakash
- Elinor Mirza
- Annabel Mehta
- Soledad Gramajo
- Maya Merchant
- Sucharita Hegde
- Kaya Shewaramani

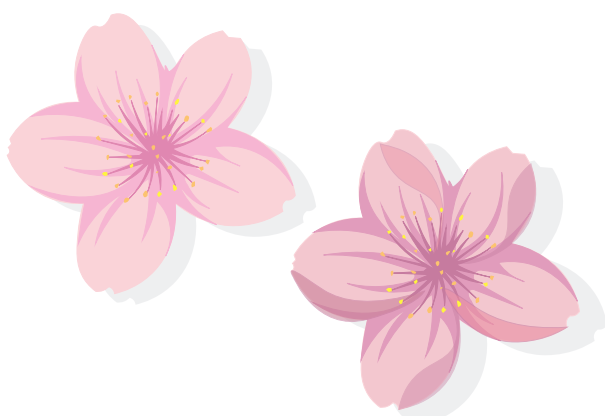




# Notice Board

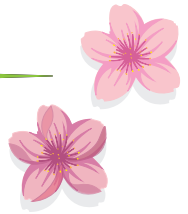
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## Whom to Contact on the Board if...

- You notice an error in the directory – **Membership Treasurers**
  - You do not receive your newsletter – **Secretaries**
  - You have an idea for a fellowship meeting, the picnic or the Quiz – **Vice Presidents**
  - You would like to assist with a fellowship meeting, the picnic or the quiz – **Vice Presidents**
  - You would like to offer your home for a meeting – **Vice Presidents**
  - You have changed your address, phone number, or email ID – **Membership Treasurers** (membershipindus@gmail.com)
  - You wish to change your status – **Membership Treasurers**
  - You have a foreign friend who wants to become a member – **Membership Treasurers**
  - You will be unable to attend meetings for an extended period of time – **Membership Treasurers**
  - You need a new name badge – **Membership Treasurers**
  - You have an idea for a speaker for a meeting – **the relevant Activity Chairladies**
- 

# Notice Board

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## General Tips for all Members

### Attendance

- The Indus year begins on 1st April and ends on 31st March
- 10 meetings must be attended in a year
- 7 meetings should be attended before the end of December
- Please only sign only yourself in. If guests are allowed, then sign in your guest
- Arrival after 11:15 am will not be eligible for attendance
- Departure before the speaker has finished, or before the chairlady closes the meeting, will also count as non-attendance
- For in-person meetings, wear your badge at all times. This also applies to Chairladies and hostesses as there are a lot of new members who do not know who you are

### Ways to Earn a Participation Point

- Being a hostess for a meeting
- Arranging a speaker or demonstration
- Registering names for a meeting
- Introducing or thanking a speaker in the absence of the Chairlady
- Helping a Board Member with computer work or collection of payment
- Helping Chairladies at meetings
- Helping with or hosting one of our many events – Annual Event, Fellowship, Christmas Coffee Morning, AGM, Quiz, Picnic or any other special event
- Acting, dancing, working back-stage, speaking, demonstrating, baking for any special event, taking part in the quiz, etc.
- Giving a donation to Indus International

You need 2 participation points during the year.





# Notice Board

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## Indus Etiquette

We have restarted in-person meetings; so let's remember that the spirit of Indus is about new friendships!

Indus thrives when our members are active and participate. Please ensure that you complete 10 attendance points and 2 participation points during the year, from 1st April to 31st March. 7 attendances should be completed by December.

### A few gentle reminders

#### For meetings at members' homes (in-person meetings)

1. Please wear your badge at the meeting to make it easier to mingle.
2. If you can host a meeting at your home, please inform the Vice Presidents or any member of the Board.
3. Since wearing a mask is no longer mandatory, please be responsible and avoid attending a meeting if you are unwell.
4. **Only tea, coffee, a cold drink and biscuits should be served by the hostess.** Being a hostess should be easy and the focus should be on the speaker!
5. Please ensure that your cell phones are in silent mode or switched off during meetings.
6. Meetings begin at 11.15 am and end at 12.15 pm. **Your attendance will not be counted if you come in after 11.15 am or leave before 12.15 pm.**
7. Under no circumstances should Indus be used as a forum for publicity. It is strictly forbidden to use the directory to build e-mails or phone listings to advertise.

#### For Zoom Meetings

1. All members should enter their names on the screen in the following order: Surname, First name, Indus membership number.
2. Keep your videos on at all times, unless advised otherwise by the Chairlady.
3. Do not unmute yourself for the entire duration of the meeting.
4. Be presentable while attending a zoom meeting.
5. Please maintain some decorum even during online meetings.
  - Some members were seen eating or lying back and some even dozing!
  - Some were seen attending meetings in their night clothes.
6. If you have to do anything other than listen to the speaker, kindly turn your video off.
7. Zoom meetings begin at 11.15 am and end at 12.15 pm. **Your attendance will not be counted if you come in after 11.15 am or leave before 12.15 pm.**

# Database Changes for April 2025

---



## New Members

### **Avantika Akerkar**

B3 Palacimo Building,  
Silver Oaks Estate  
BD Road, Breach Candy  
Mumbai 400026  
Mobile: 9820097677  
Email: anatikaakerkar@gmail.com

**A96**

**American**

### **Ami Ambani**

3B Altview Building  
7 Altamount Road  
Mumbai 400026  
Mobile: 9867661296  
Email: aminiraj@hotmail.com

**A97**

**Indian**

### **Nandhini Ashok**

701 Sheetal Palace  
Road No. 1, TPS 4,  
Bandra West  
Mumbai 400050  
Mobile: 9820023578  
Email: ashoknandhini.t@gmail.com

**A98**

**Indian**

### **Asheeta Bhavnani**

9 Padam-2,  
Peddar Road  
Mumbai 400026  
Mobile: 9004876477  
Email: asheeta.bhavnani@gmail.com

**F2**

**Indian**

### **Kavita Aswani Chadda**

162/B, Jolly Maker Apartments 1  
Cuffe Parade  
Mumbai 400005  
Mobile: 7738627269  
Email: kavitchaddaswani@gmail.com

**CB9**

**Spanish**

# Database Changes for April 2025 (Cont'd)

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## **Simmren Desai**

6B Manek, LD Ruparel Marg,  
Malabar Hill, Mumbai 400006  
Mobile: 9833848456  
Email: simmrendesai@gmail.com

**D87 F**

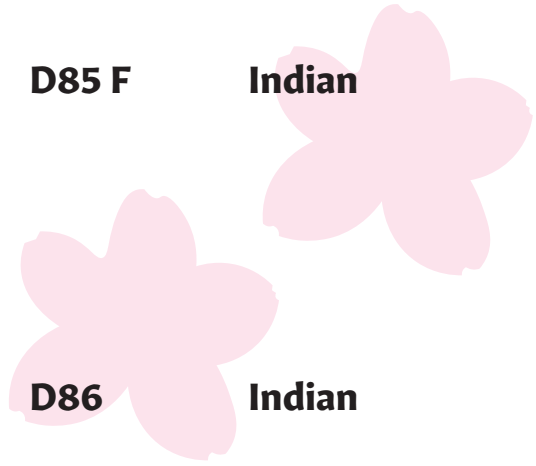
**Indian**

## **Sheetal Dhowan**

12A Sagar Darshan, 2nd Floor  
Bhulabhai Desai Road  
Mumbai 400026  
Mobile: 9820086239  
Email: sheetalsdhowan@gmail.com

**D85 F**

**Indian**



## **Shilpa Dinshaw**

Adenwalla Baug  
285 Javji Dadji Marg, Tardeo  
Mumbai 400007  
Mobile: 9820229130  
Email: shigoy@yahoo.com

**D86**

**Indian**

## **Khushnuma Ferzandi**

2/2 Rustom Baug,  
Sant Savta Marg,  
Byculla, Mumbai 400027  
Mobile: 9870559101  
Email: ferzandik@gmail.com

**F40 F**

**Canadian**

## **Binaifer Havaladar Antia**

3907 The Imperial  
Tardeo Road,  
Mumbai 400034  
Mobile: 9820023120  
Email: binaiferh@gmail.com

**H97 F**

**Canadian**

## **Shireen Jasdanwalla**

504 Cumballa Crest  
42 Peddar Road  
Mumbai 400026  
Mobile: 9821619706  
Email: shireenkot@hotmail.com

**J64**

**Indian**



# Database Changes for April 2025 (Cont'd)



## **Vaishali Kaji**

**KH2**

**Indian**

3407, The Imperial, North Tower  
BB Nakashe Marg, Tardeo  
Mumbai 400034  
Mobile: 9820137937  
Email: vaishalikaji@gmail.com

## **Gopika Kapoor**

**KH3**

**Indian**

D503 Ashok Towers  
Dr. SS Rao Road, Parel  
Mumbai 400012  
Mobile: 9821197925  
Email: gopikakapoor@gmail.com

## **Nisha Mahadevia**

**MN5**

**American**

4201 Edge  
BB Nakashe Marg, Tardeo  
Mumbai 400034  
Mobile: 9967561234  
Email: nishakhattau@gmail.com

## **Sabina Nanavati**

**N48**

**Swiss**

N-2 Pemino,  
Altamount Road  
Mumbai 400026  
Mobile: 9820457504  
Email: sabinan@hotmail.com

## **Shayonti Salvi**

**SM8**

**Indian**

71/72 Carmel Building  
30 Napeansea Road  
Mumbai 400026  
Mobile: 9820709335  
Email: tattvastudiopl@gmail.com

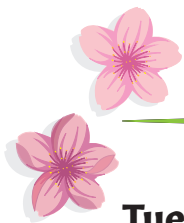
## **Vera Tata Choksey**

**T56**

**Indian**

Raj Mahal, 33 Altamount Road  
Mumbai 400026  
Mobile: 9821261718  
Email: vtatachoksey@gmail.com





# Executive Meeting

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**Tuesday 1st April**  
**(Please note change in date)**

**11:00 am – 12:00 pm**

**Residence of:**

**Sheena Kataria**

Shiv Shanti Bhuvan, 4th floor  
11th Bldg after EROS theatre  
146 Maharshi Karve Road  
Opposite Oval Maidan  
Churchgate, Mumbai

Ladies, please email a copy of the blurb for your June meeting, latest by 10th May 2025, to both:

Anu Kedia - [anukedia63@gmail.com](mailto:anukedia63@gmail.com)

Juliana Ballard – [diplomatsballard@yahoo.com](mailto:diplomatsballard@yahoo.com)

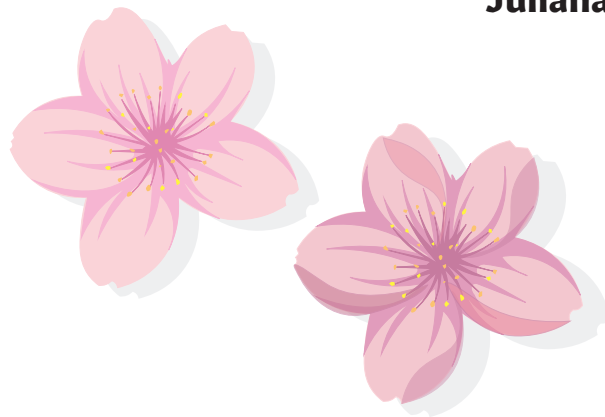
Please send in Times New Roman font, size 12 pt, so it's easier to insert into the newsletter. We also request chairladies to follow the format in the Ready Reckoner. We do not require a hard copy of the blurb.

Please email your attendance sheet for each month to the Membership Treasurers, immediately after your meeting, on the emails given below.

[chris.mirani@gmail.com](mailto:chris.mirani@gmail.com)  
[nicola@fusionstudio.eu](mailto:nicola@fusionstudio.eu)

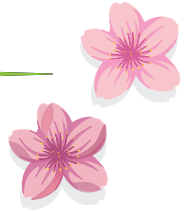
**Anu Kedia**

**Juliana Ballard**



# Performing Arts

---



**Friday, 4th April**

**11:00 am - 12:15 pm**

**Residence of:**

**Indira Kilachand**  
Kilachand House  
95, Nepean Sea Road  
Mumbai 400006  
<https://g.co/kgs/fdfPcYo>

No limit, guests welcome

## **CLOTHES MAKETH THE WOMAN – INDUS FASHION SHOW**

Here come the hotsteppers! Join us for a dazzling morning, with our beautiful Indus members flaunting their most-loved threads at this Fashion Show extravaganza.

Choreographed by **Soha Parekh** and moderated by **Maya Merchant**, our Indus ladies will walk the ramp in a wide variety of outfits from their own wardrobes, each with their own story woven in. From Japanese kimonos and Ukrainian dresses to Indo-Western and (heirloom) saris and ghagras, there will be a vast array of colours, materials, and styles to admire and fascinating stories to listen to.

Strike a pose!

**Sheena Kataria**

**Gülçin Körpe**



# Art & Handicrafts

---

**Thursday, 8th April**

**11:00 am – 12:15 pm**

**Residence of:**

**Gopi Vaid**

13 Normandie,  
Carmichael Road  
Mumbai 400 026

Limit: 50 Members

## **BIJAY J. ANAND – ART COLLECTOR, DEALER & CULTURAL CONNOISSEUR**

With over 25 years as an esteemed art collector and consultant, **Bijay J. Anand** has advised high-net-worth individuals and institutions, including HSBC Private Bank. His passion for art extends beyond paintings and sculptures to architecture, dance, music, and photography.

Beyond the art world, Bijay is a recognized public figure. He gained fame in Bollywood with *Pyaar Toh Hona Hi Tha* (1998) and later appeared in *Shershaah* (2021) and *Adipurush* (2023). A dedicated Kundalini Yoga teacher, he founded Anahata Retreats, leading global wellness programs.

His expertise spans fine arts, cinema, and holistic wellness, making him a thought leader in contemporary and classical culture. At this Indus Art event, Bijay will share insights on collecting, the art market's future, and emerging artists.

To register, please WhatsApp your name and membership number to **Shivani Chadha** at **+91 98210 45900** on Friday, April 4th, between 11 am and 2 pm.

**Nanda Madhavji**

**Kristin Mehta**

# Health & Ecology



**Thursday, 10th April**  
**(Please note change in date)**

**11:00 am - 12:15 pm**

**Residence of:**

**Rupande Parekh**  
P92, Kailas Bldg  
4th floor, Flat no 20  
50 Peddar Road  
Next to Marble Arch Building  
2 bldgs before HSBC Bank  
Mumbai 400026

**NO PARKING AVAILABLE**

Limit: 30 members

## **HANDLING NON-COMMUNICABLE DISEASES**

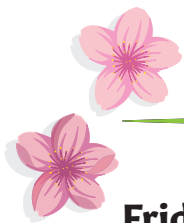
**Dr Jyoti Dabholkar** is a highly regarded ENT (Ear Nose and Throat) specialist based in Mumbai. With expertise and achievements with over 33 years' experience, she has a distinguished career in Head and Neck Oncology and has been a key figure in the foundations of treating the disease. She holds high positions such as being the Secretary & President of the Foundation for Head and Neck Oncology. She is also the author of 130 publications in the National & International Journals having been involved in research and many trials for new therapies.

Dr. Dabholkar has achieved many high accolades such as President of India Medal for achieving the highest marks in her M.B.B.S exams., as well as being awarded by HH Hamid Ansari (Vice President of India) for her work in cancer. She is a member of several prestigious organisations related to Indian Head & Neck Oncology. Also, she is involved in community services such as being an active member of the Rotary Club of Bombay Bay View and the Inner Wheel Club of Bombay North.

Register on **Tuesday 8th April** with **Denise Burchette** on **8169963225** between 1 and 4 pm.

**Pragati Gupta**

**Kam Kang**



# History & Culture

---

**Friday, 11th April**

**11:00 am - 12:15 pm**

**Zoom Meeting**

**The link will be posted  
on WhatsApp and  
emailed prior to the  
meeting**

**Guests Welcome**

## **KUMBH MELA**

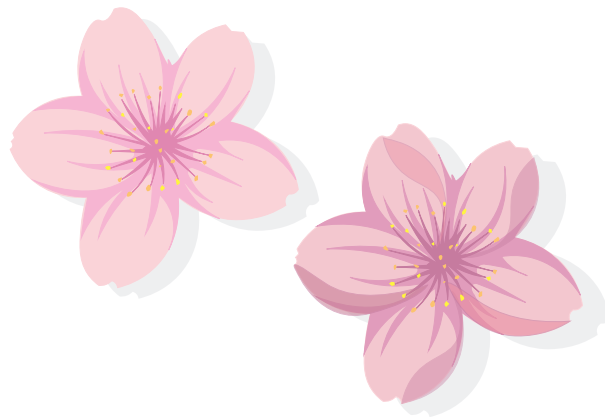
Through the eyes of a Kumbh observers, now Kumbh Devotees, with the soul & essence of Sanatan.

Join us for an enlightening discussion on the Kumbh Mela, a ancient pilgrimage deeply connected to Allahabad (now Prayagraj). Our speakers, **Pooja Gupta** and **Nilesh Narayan**, both from Allahabad, will delve into the historical importance and spiritual significance of this sacred event. They will explore the rich history of the Kumbh Mela, its connection to Allahabad, and the spiritual importance of the ritual dip in the sacred rivers.

Through their talk, Pooja and Nilesh will also highlight the Kumbh Mela's role in personal growth, self-discovery, and spiritual awakening. Pooja, committed to preserving Prayagraj's cultural heritage, brings a deep understanding of the city's traditions. Nilesh, founder of Holy Waters India Journeys, offers expertise on the Kumbh Mela's historical and spiritual significance.

**Varsha Sethi**

**Vinay Kumari Chopra**



# Philosophy & Religion



**Tuesday, 15th April**

**11:00 am - 12:15 pm**

**Residence of:**

**Nisha Mehta**

A/2301, Vivarea,  
Saat Rasta Circle,  
(Next to McDonald's,  
Near Mahalaxmi Station)  
Mumbai 400011

**Guests Welcome**

## **THE WORLD UNSEEN- PART II**

Is there really such a thing as heaven, where God Almighty has 'prepared a place for us'? Does life for us begin and end just on Planet Earth? Those glittering orbs we see in the night sky- can there be life on those other worlds?

After our passing, we turn into dust on Planet Earth. Where does the real us (soul, spirit, consciousness) go?

Many accounts exist, they come to us telepathically via gifted human receivers, and varied accounts brought through 'the other side' indicate that our universe is teeming with life.

Today, **Persis Vatcha** will give us a Part II of her talk, which was done earlier last year, by members request. It will be a glimpse of the places we are destined to inhabit when our lives on Earth are over.

Persis has graduated with a masters in Ancient Asian Culture. Her vast knowledge and expertise spans a plethora of subjects.

Ladies, come join us today to find out, 'Are these accounts true'? Only you can judge that for yourself. Keep an open mind as you journey into the mysterious realm beyond our world.

**Dr. Jeannie J. Madan**

**Benu Parkash**



# Book Discussion

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**Thursday, 17th April**

**11:00 am – 12:15 pm**

**Residence of:**

**Preeti Maria**

A1303, Raheja Vivarea  
Sane Guruji Marg, Jacob Circle,  
Mumbai 400 011



**Limit – 30 members only**

**TALK BY OUR VERY OWN MEMBER – MS PREETI MARIA ON HER  
HUSBAND’S BOOK – LET ME SAY IT NOW BY RAKESH MARIA**

**Rakesh Maria**, one of India’s most distinguished police officers, authored **Let Me Say It Now**, a gripping memoir detailing his experiences in law enforcement. The book provides a firsthand account of his role in solving some of India’s most high-profile cases.

Mr. Maria, who rose through the ranks to become Mumbai’s Police Commissioner, shares insights into the challenges of policing a city teeming with crime, terrorism, and political interference.

However today, we will hear from **Preeti Maria** who will share her unique perspective on life as the spouse of a dedicated serving high profile, police officer. She will shed light on the sacrifices, anxieties, and challenges that come with being part of a police officer’s family – the long, uncertain hours, the constant worry for his safety, and the personal moments often overshadowed by duty.

Her experiences will offer a deeply personal insight into the emotional and mental resilience required to support a partner serving on the front lines of law enforcement.

To register, please WhatsApp **Yasmin Assur** on **98200-51448** with your full name & membership number on **Friday April 11, 2025** from **9 am to 12 noon**.

**Ayesha Soonawalla**

**Farah Raina**





# Annual General Meeting



**Tuesday, 22nd April**

**11:00 am – 12:30 pm**

**Venue:**

**Blue Sea Banquets**

Worli Sea Face

Mumbai 400 030

Registration and submission of Membership Renewal forms and fees will begin at 10:30 am.

The Membership Renewal Form is on the next page, followed by the Participation Form. Members are requested to print out the forms, fill out as specified and submit at the Annual General Meeting.

Forms will also be sent by WhatsApp and by email to all the members.

At the Annual General Meeting, members may kindly submit the forms duly filled out along with their payment for membership renewal fee by:

1. A cheque in favour of “Indus International” with their name and membership no. written on the back.
2. **Cash payment will be accepted at the AGM only on 22nd April 2025** and must be handed over in an envelope with the member’s name and membership no. noted on the front
3. All members must have a passport photo for the Indus Directory. Those who have not provided one as yet may please do so and attach this with their Membership Renewal Form. Those who would like to update an old photo may please also attach an updated photo along with their form.

Please note that payment either by cheque or by cash will be accepted at the AGM. **However the cash payment option will only be available at the AGM on 22nd April 2025.**



# Notice Board

## 01 | MEMBERSHIP RENEWAL FORM 2025-2026

Please return the fully filled form at the AGM or to the Treasurers before 31/07/2025.  
Payment of the annual fee will be accepted at the AGM in cash or  
cheque,  
or thereafter directly to the treasurers.  
Members 70 years and above may opt for Senior Member status.

PLEASE CLIP  
YOUR **RECENT**  
PASSPORT PHOTO  
HERE

### PERSONAL INFORMATION

NAME

MEMBERSHIP No.

NATIONALITY

DATE OF BIRTH

STATUS

ADDRESS

CITY

PIN

MOBILE NO

PHONE NO

EMAIL

### OPTION FOR ELDERLY MEMBERS

NEXT OF KIN NAME

NEXT OF KIN MOBILE

NEXT OF KIN EMAIL

### FOR OFFICIAL USE ONLY

RECEIVED FROM

MEMBERSHIP No.

PAID Rs. 3,500 (MEMBERSHIP RENEWAL FEE)

CHEQUE No

BANK

DATE

### ACKNOWLEDGEMENT

RECEIVED FROM

MEMBERSHIP No.

PAID Rs. 3,500 (MEMBERSHIP RENEWAL FEE)

CHEQUE No

CASH

BANK

DATE

# Notice Board

## 02 | MEMBERSHIP PARTICIPATION FORM 2025-2026

Please return the filled form at the AGM or to the Treasurers before 31/07/2025.

### PERSONAL INFORMATION

NAME

MEMBERSHIP No.

CAN YOU HOST A MEETING

YES

NO

FOR HOW MANY PEOPLE

DO YOU HAVE OR CAN YOU VOLUNTEER A HOME/ HALL

WHERE INDUS CAN HOST LARGE EVENTS (FELLOWSHIP)? YES

NO

FOR HOW MANY PEOPLE

DO YOU HAVE A PIANO IN THE HOME/HALL

THAT CAN BE USED IN MEETINGS/EVENTS?

YES

NO

### HOW CAN YOU SUPPORT INDUS TO THRIVE?

I CAN ARRANGE FOR A SPEAKER

YES

NO

I CAN HELP TO ORGANISE EVENTS

YES

NO

I CAN HELP TO REGISTER NAMES FOR MEETINGS

YES

NO

I CAN SUPPORT INDUS TECHNICALLY

YES

NO

I CAN HELP TO COLLECT MEMBERS' DETAILS

YES

NO

### HOW OFTEN HAVE YOU SUPPORTED INDUS IN THE PAST?

AS MEMBER OF THE BOARD

HOW OFTEN/YEARS

AS CHAIRLADY

HOW OFTEN/YEARS

WITH OTHER REGULAR SUPPORT, I.E. DATABASE,  
COMMUNICATION ETC.

HOW OFTEN/YEARS

AS MEMBER OF A COMMITTEE

HOW OFTEN/YEARS

AS A MEMBER OF THE CHOIR

HOW OFTEN/YEARS

OTHER, PLEASE SPECIFY

### WOULD YOU LIKE TO BECOME A CHAIRLADY TO ANY OF THE FOLLOWING ACTIVITIES?

#### CHECK AS MANY AS YOU ARE INTERESTED IN

NOT AT THE MOMENT

HEALTH & ECOLOGY

ARTS & HANDICRAFTS

HISTORY & CULTURE

BOOK DISCUSSION

PHILOSOPHY & RELIGION

COOKING SWAPSHOP

MUSIC

CURRENT EVENTS & WELFARE

PERFORMING ARTS



# Indus International Annual General Meeting Agenda

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**Tuesday, 22nd April**

**11:00 am – 12:30 pm**

**Venue:**

**Blue Sea Banquets**

Worli Sea Face

Mumbai 400 030

## **AGENDA**

- To read and adopt the Minutes of the last Annual General Meeting held on 19th April 2024.
- To read and adopt the Secretaries' Report.
- To read and adopt the Membership Officers' Report.
- To read and adopt the Treasurers' Report.
- To read and adopt the Audited Statement of Accounts and Audit Report for the financial year 2024-25.
- To appoint Auditor Mukesh Sheth of Sheth & Associates for the financial year 2025-26.
- To read and adopt the Membership Treasurer's Report
- To pass and adopt any Resolutions.
- Address of the Advisory Committee.
- Remarks of the Outgoing Presidents.
- To propose the Nomination Slate and elect the Office Bearers for 2025-26.
- To introduce the new Activity Chairpersons for the year 2025-26.
- Address by the Incoming Presidents.
- Any Other Business
- Indus Song

**Any item to be brought up under “Any Other Business” at the AGM should be intimated to the Secretaries on or before Friday 11th April 2025 by 5:00 pm**

HEMAL UDANI - [hemalu@gmail.com](mailto:hemalu@gmail.com)

MARIETTA BARRETO - [mariettabarreto@hotmail.com](mailto:mariettabarreto@hotmail.com)

# Executive Committee 2024-2025

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## Art & Handicrafts

**Nanda Madhavji**

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**Kristin Mehta**

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## Book Discussion

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## Current Events

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## Philosophy & Religion

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## Performing Arts

**Sheena Kataria**

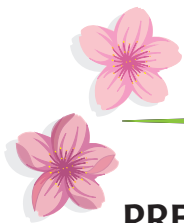
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# Board Members 2024-2025

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## TREASURERS

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## MEMBERSHIP TREASURERS

**Christina Mirani**

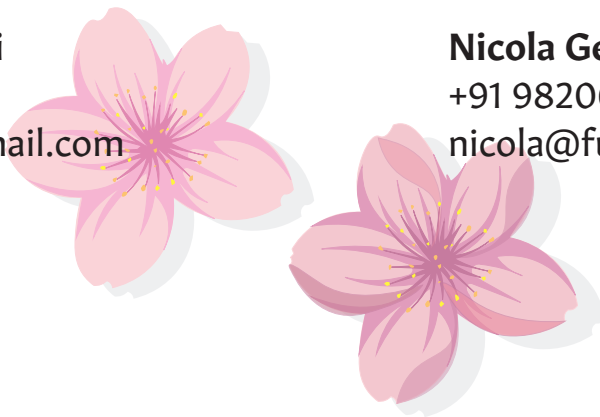
+91 70452 01350

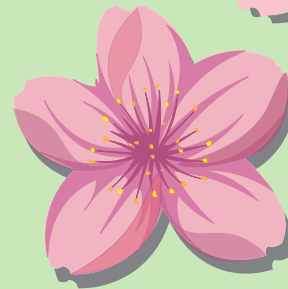
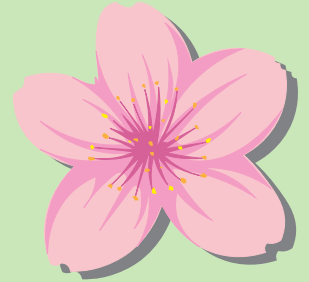
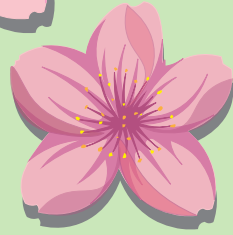
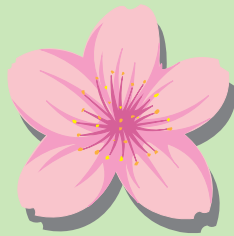
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INTERNATIONAL



[www.indusinternational.org](http://www.indusinternational.org)

