



indus  
INTERNATIONAL

2022-2023



**PATIENCE & PERSEVERANCE**

**APRIL 2023**

## **OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967

### **Postal Address :**

Indus International  
DBS Business Centre  
213 Raheja Chambers, 2<sup>nd</sup> Floor,  
Free Press Journal Marg,  
Nariman Point,  
Mumbai - 400021.

**Website :** [www.indusinternational.org](http://www.indusinternational.org)  
**Email :** [membershipindus@gmail.com](mailto:membershipindus@gmail.com)  
**Instagram :** [indusinternationalmumbai](https://www.instagram.com/indusinternationalmumbai)

# INDUS INTERNATIONAL

## NEWSLETTER APRIL 2023 MONTH AT A GLANCE

DATE	ACTIVITY	SPEAKER	VENUE
Monday 3 <sup>rd</sup>	Executive Meeting		Sir Ratan Tata Institute, (RTI Lounge), N.S. Patkar Marg, Hughes Road
Wednesday 5 <sup>th</sup>	Performing Arts and Music	Indus Choir	Gita Purandare, 4 <sup>th</sup> Floor, 31/C, Dr N.A. Purandare Road, Purandare Griha, Chowpatty
Thursday 6 <sup>th</sup>	Art and Handicraft	Sudheer Rajbhar	Chamar Studio, clark House, Ground Floor, 8 Nathalal Parikh Marg, Wodehouse Road
Tuesday 18 <sup>th</sup>	Philosophy and Religion	Persis Vatcha ans Jeannie Madan	ZOOM
Wednesday 19 <sup>th</sup> 📅	Book Discussion	Tejaswini Apte-Rahm	Ranjana Mahadevia, E-11, Sea Face Park, Bhulabhai Desai Road, Breach Candy
Thursday 20 <sup>th</sup> 📅🕒	History Culture and Tours	Sejal Mody	91, Chitrakoot, Altamount road
Friday 21 <sup>st</sup>	Annual General Meeting		Blue Sea Banquet Hall, Worli Seaface

Change of date: 📅

Change of time : 🕒

Guests allowed: 👤👤👤

# DESK OF THE PRESIDENTS

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## Time flies but memories last forever....

Our year as Presidents seems to have flown by and before we realized it, we had formed new friendships and strengthened old ones by working on the various teams with those who supported us throughout.

We thank all the teams and committees— Board, Chairladies, Advisory, Nominating, Archives, Disbursements, Travel, Welfare, Membership and the Communications' Team who reminded us that dedicated teamwork in the spirit of Indus is what keeps our club active and dynamic.

We navigated the year with our affirming actions of **Patience and Perseverance**, as we resumed in person meetings in the post pandemic transition period.

The Executive team stayed focused on the goal to make a smooth transition from zoom to in-person meetings. Throughout the year, Activity chairladies extended themselves to planning outstanding meetings in a workable combination of online and offline meetings, in keeping the interest of Indus senior members. We appreciate the cooperation of all members as we made the shift patiently, for showing up in large numbers at the events planned during the year.

From Fellowships, festive Get-togethers, to outdoor walks and excursions not forgetting the responses to the two trips within India to revive the travellers' memories!

**A big thank you to the members and friends who contributed towards the Charities enabling us to donate to 22 charitable institutions.**

Let's meet one more time at The Annual general Body meeting before we happily handover the baton to the next board & executive committee for 2023-2024 for yet another exciting year for Indus members.

Sheena Kataria

Kaya Shewakramani

# INDUS INTERNATIONAL BOARD 2023-2024

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On behalf of the Nominating Committee, it is my pleasure to present the Indus International Board for 2023/24

## INDIAN

**President** Hema (Tinu) Shanghvi  
+91 9821027654  
[tikash61@gmail.com](mailto:tikash61@gmail.com)

**Vice President** Armaity Sumariwalla  
+91 9820284858  
[armaitys@gmail.com](mailto:armaitys@gmail.com)

**Secretary** Rekha Chhabria  
+91 9820159594  
[achhabria19@gmail.com](mailto:achhabria19@gmail.com)

**Treasurer** Amisha Himatsingka  
+91 9322258617  
[amisha@miura.co.in](mailto:amisha@miura.co.in)

**Membership Treasurer** Ana Panandiker  
+91 9820412594  
[ana.d.panandiker@gmail.com](mailto:ana.d.panandiker@gmail.com)

## FOREIGN

Pervin Poonawala  
+91 9820092668  
[pervinpoonawala@hotmail.com](mailto:pervinpoonawala@hotmail.com)

Vidya Srinivas  
+91 9869918348  
[vidyacadambe@gmail.com](mailto:vidyacadambe@gmail.com)

Sheetal Patel  
+91 9820058817  
[sheetalpatel27@hotmail.com](mailto:sheetalpatel27@hotmail.com)

Ameeta Shah  
+91 9820072658  
[shahameeta@hotmail.com](mailto:shahameeta@hotmail.com)

Nicola Gerber  
+91 9820682450  
[nicola@fusionstudio.eu](mailto:nicola@fusionstudio.eu)

**Phiroza Muncherjee**  
**Chairperson of the Nominating Committee**

# FINAL DISBURSEMENT 2022-2023

ORGANIZATION	PROJECT	AMOUNT
WIT	EQUIPMENT FOR NURSING SCHOOL	Rs. 1,90,000/-
PASSAGES	CHEMOTHERAPY TABLETS	Rs. 3,00,000/-
KSWA SMOKELESS CHULHAS	WOMENS HEALTH & ENVIRONMENT	Rs. 2,00,000/-
KSWA BACKYARD POULTRY	RURAL WOMENS LIVELIHOOD & NUTRITION	Rs. 2,10,000/-
CUDDLES	RATION BUNDLES FOR CHILDREN FIGHTING CANCER	Rs. 3,40,000/-
CFTL BICYCLE PROJECT	BICYCLES FOR THE GIRL CHILD	Rs. 1,00,000/-
WOMENS GRADUATE UNION	SCHOLARSHIP PROGRAM FOR STUDENTS	Rs. 1,50,000/-
YASHAM	SPONSOR ACTIVITIES FOR A CLASS FOR 6 MONTHS	Rs. 1,20,000/-
SHRADHANAND MAHILA ASHRAM	CYCLES AND BADMINTON RACKET	Rs. 21000/-
CORVUSS AMERICAN ACADEMY	EDUCATION & SPORTS TRAINING FOR UNDER PRIVILEGED STUDENTS	Rs. 1,00,000/-
KURTADE PANCHAKROSHI SHIKSHA PRASARAK MADAL	ADARSH HIGH SCHOOL FREE EDUCATION	Rs. 95,000/-
WE CAN FOUNDATION	50 STREET CHILDREN at BORIVALI	Rs. 1,00,000/-
GRACE FOUNDATION	HOUSING/ MEDICAL CARE FOR DESTITUTE & ABANDONED ELDERS IN MUMBAI CITY	Rs. 1,50,000/-
INDIAN SPONSORSHIP COMMITTEE SARATHI PROGRAM AT LONAVALA	MENTORSHIP FOR ADOLESCENTS DURING TRANSITION PHASE	Rs. 1,50,000/-
SRCC	ORTHOTIC UNDERGARMENTS TO IMPROVE POSTURE AND FOR THERAPY	Rs. 1,12,200/-
ALL INDIA FOUNDATION OF DEAF WOMEN	EMPOWERING UNDERPRIVILEGED DEAF WOMEN	Rs. 1,00,000/-

<b>ORGANIZATION</b>	<b>PROJECT</b>	<b>AMOUNT</b>
DEEDS	EDUCATION AND VOCATION FOR THE DEAF	Rs.50,000/-
LGBTQ	SAFE SPACE FOR THE LGBTQ COMMUNITY IN DELHI	Rs. 50,000/-
JAI VAKEEL	INCLUSION FOR CHILDREN DISABILITIES	Rs.50,000/-
V CARE	TOWARDS CANCER PATIENT SUPPORT	Rs.1,00,000/-
THE NATIONAL SOCIETY FOR CLEAN CITIES, INDIA	BALWADIS FOR CHILDREN	Rs. 1,00,000/-
YUVA PARIVARTAN	HUMAN TRAFFICKED SURVIVORS AND GIRLS FROM DESTITUTE BACKGROUNDS	Rs.1,00,000/-
<b>TOTAL AMOUNT DISBURSED</b>		<b>RS. 28,88,200/-</b>

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## **ANNUAL GENERAL MEETING**

The Indus International ANNUAL GENERAL MEETING will be held

On : Friday 21st April 2023

AT: BLUE SEA BANQUET HALL

TIME: 11:00 a.m to 12:30 p.m.

Gates will be open from 10:30am for registration and submitting your Membership Renewal Forms and Cheques.

The MEMBERSHIP RENEWAL FORM is after the NOTICE BOARD.

Members are requested to PRINT, FILL & SUBMIT the form at the ANNUAL GENERAL MEETING

**The form is on the next page and will also be sent by what's app and email to all members.**

Members may pay by Cash or Cheque payable to INDUS INTERNATIONAL at the Annual General Body Meeting.

**The option to pay the Membership fees by cash is only at available at the Annual General Meeting.**

You can also fill the membership renewal form via google link.

**The link for the Membership form will be shared via What's App and Email too.**



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## **PAYMENT OF FEES FOR 2023/24**

The Indus Membership fees for the year 2023/24 are Rs. 3500/- Please pay your fees by either of the following methods no later than 31st July 2023.

### **CHEQUE PAYMENT**

You can get a crossed cheque made payable to INDUS INTERNATIONAL at the Annual General Body Meeting to be held on Friday 21st April 2023 at BLUE SEA.

**OR**

Send your crossed cheque to

#### **AMISHA HIMATSINGKA**

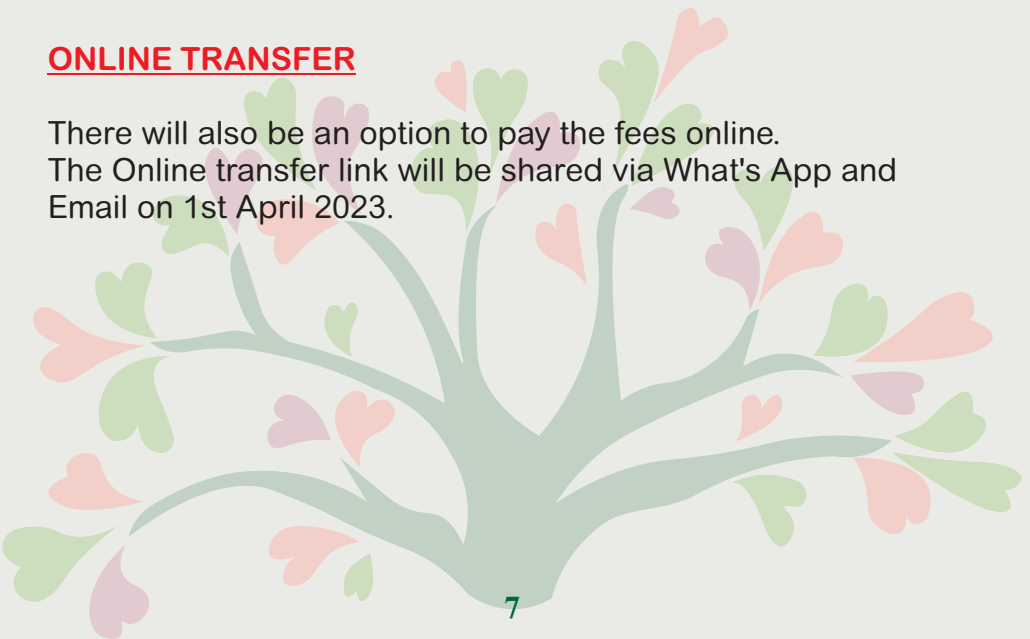
41 Somerset House,  
Bhulabhai Desai Road,  
Breach Candy,  
Mumbai 400026.  
Ph: +91 93222 58617

#### **AMEETA SHAH**

8B, BAKHTAWAR,  
Opp. Colaba Post Office,  
Colaba,  
Mumbai 400005.  
Ph: +91 9820072658

### **ONLINE TRANSFER**

There will also be an option to pay the fees online. The Online transfer link will be shared via What's App and Email on 1st April 2023.



# NOTICE BOARD

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## **Condolences:**

Our deepest condolences to Surbhi Tanna on the passing away of her brother.

Deepest condolences to Varsha Sethi on the passing away of her father in law.

## **Congratulations:**

Heartiest Congratulations to Radhika Kaji on becoming a grandmother to twins.



## NEW MEMBERS/MEMBERSHIP RENEWAL FORM 2023 – 2024

1. PLEASE FILL ALL ENTRIES & RETURN FORM TO TREASURER BEFORE 30 / 06 / 2023.
2. PAYMENT CAN BE MADE AT THE AGM OR THROUGH THE LINK SHARED IN INDUS NOTICE BOARD OR TO THE TREASURERS.
3. CHEQUE SHOULD BE MADE PAYABLE TO INDUS INTERNATIONAL.
4. AT AGM, FEES CANNOT BE ACCEPTED WITHOUT THE RENEWAL FORM.
5. MEMBERS 70 YEARS OF AGE MAY OPT TO BECOME 'SENIOR' STATUS

### COMPLETE INFORMATION

NAME:  MEMBER No:

NATIONALITY:  STATUS:

ADDRESS:

CITY & PIN CODE:

PHONE NUMBERS:  MOBILE No:

EMAIL:

NEXT OF KIN NAME:

NEXT OF KIN MOBILE:

NEXT OF KIN EMAIL:

### FOR OFFICE USE ONLY

RECEIVED FROM:  MEMBER No:

PAID Rs 3500/- (MEMBERSHIP RENEWAL FEES)

CHEQUE No:  BANK:

DATE:  FOR TREASURER:

### ACKNOWLEDGEMENT

RECEIVED FROM:  MEMBER No:

PAID Rs 3500/- IN WORDS: THREE THOUSAND FIVE HUNDREND ONLY

CHEQUE No:  BANK:

DATE:  FOR TREASURER:



## MEMBERSHIP PARTICIPATION FORM 2023 – 2024

1. PLEASE FILL ALL ENTRIES & RETURN FORM AT AGM OR TO TREASURER BEFORE 30 / 06 / 2023.

NAME:

MEMBER No:

1. CAN YOU HOST A MEETING? YES  NO  FOR HOW MANY PEOPLE?

2. DO YOU HAVE OR CAN VOLUNTEER A HOME/HALL WHERE INDUS CAN HOST LARGE EVENTS SUCH AS FELLOWSHIP? YES  NO  FOR HOW MANY PEOPLE?

3. DO YOU HAVE A PIANO THAT CAN BE USED FOR MEETINGS OR SPECIAL EVENTS?  
YES  NO

4. WOULD YOU LIKE TO BE A CHAIRLADY FOR ANY OF THE FOLLOWING ACTIVITIES?

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> ARTS & HANDICRAFTS | <input type="checkbox"/> HEALTH & ECOLOGY         | <input type="checkbox"/> PHILOSOPHY & RELIGION     |
| <input type="checkbox"/> BOOK DISCUSSION    | <input type="checkbox"/> HISTORY, CULTURE & TOURS | <input type="checkbox"/> PERFORMING ARTS           |
| <input type="checkbox"/> COOKING SWAPSHOP   | <input type="checkbox"/> MUSIC                    | <input type="checkbox"/> CURRENTS EVENTS & WELFARE |

5. HOW ELSE CAN YOU HELP INDUS THRIVE?

CAN YOU ARRANGE FOR SPEAKERS? YES  NO

CAN YOU HELP ORGANIZING EVENTS? YES  NO

CAN YOU HELP WITH REGISTERING? YES  NO

CAN YOU HELP WITH TECHNICAL SUPPORT? YES  NO

CAN YOU HELP COLLECT MEMBERS' DETAILS? YES  NO

ARE YOU INTERESTED IN BEING A BUDDY TO ANOTHER MEMBER? TO A NEW MEMBER

TO A SENIOR MEMBER

NOT INTERESTED

# EXECUTIVE MEETING

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Monday 3<sup>rd</sup> April

11:00 a.m – 12:15 p.m

VENUE:

Sir Ratan Tata Institute  
(RTI Lounge)  
N.S. PATKAR MARG ,  
HUGHES ROAD,  
MUMBAI 400 007.

Ladies, please email a copy of the blurb for your **June** meeting latest by **10<sup>th</sup> April 2023** to both:

Priya Mehta [priya.n.mehta@gmail.com](mailto:priya.n.mehta@gmail.com)

Marietta Barreto [mariettabarreto@hotmail.com](mailto:mariettabarreto@hotmail.com)

**We do not require a hard copy of the blurb.**

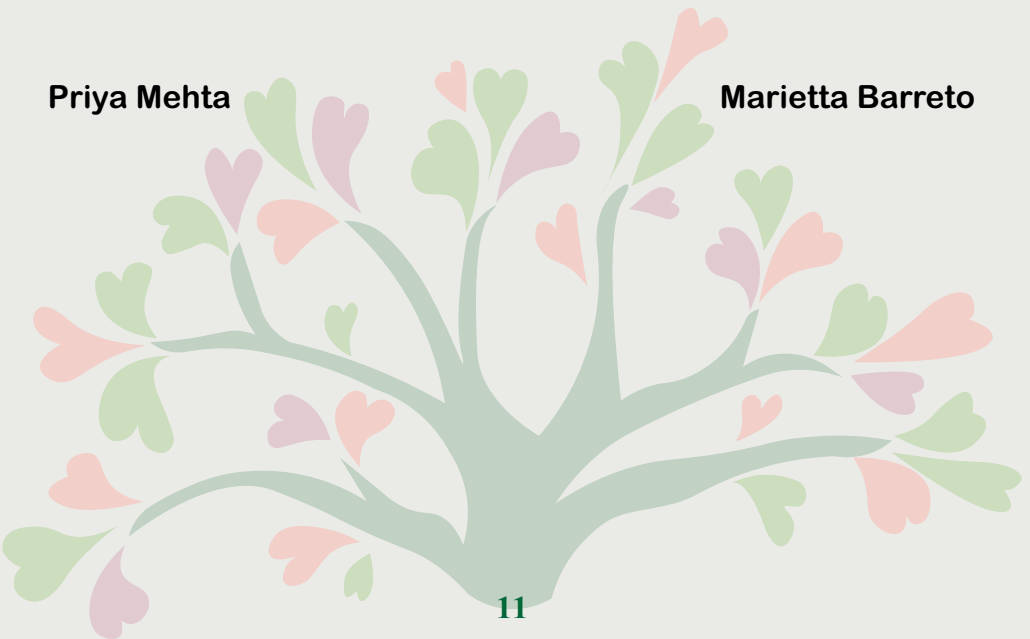
Please email your attendance sheets from the previous month's meeting to the **Membership Treasurers** immediately after your meeting on the emails given below.

[mayamerchant@hotmail.com](mailto:mayamerchant@hotmail.com)

[ana.d.panandiker@gmail.com](mailto:ana.d.panandiker@gmail.com)

Priya Mehta

Marietta Barreto



# PERFORMING ARTS AND MUSIC

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Wednesday, 5<sup>th</sup> April

11.00 a.m. - 12.15 p.m.

In Person Meeting:

Residence of:

**Gita Purandare**  
31/C, 4th Floor,  
Dr. N. A. Purandare Road,  
Purandare Griha,  
Chowpatty,  
Mumbai 400007.

Limit: 50

## THE INDUS CHOIR ANNUAL PERFORMANCE

It's that time of year again! We are delighted to present – our very own Indus Choir who have practised diligently all year to present a special performance just for you!

The Choir will perform a variety of songs from different genres. This exciting repertoire will have something for everyone - from the “Bohemian Rhapsody” to the always popular toe-tapping ABBA hits and plenty more in-between! There will be a surprise as well, so join us for a morning full of music, fun and entertainment!!

**Hemal Udani**  
**Gopi Vaid**

**Ranjana Mahadevia**  
**Neeru Mehra**

**For registration, please WhatsApp your name and membership no. to:**

Saju Thadani: 9821402051  
Marietta Barreto: 9822004421

Ranjana Mahadevia: 9820136941

# ART AND HANDICRAFT

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Thursday 6<sup>th</sup> April

11.00 a.m. – 12.15 p.m.

**In Person Meeting:**

**Venue:**

**CHAMAR STUDIO**

Clark house, Ground Floor,  
8 Nathalal Parekh Marg,  
Opposite Sahakari Bhandar,  
Wodehouse Road,  
Mumbai 400039.

## Art Forward

Chamar Studio was founded by artist **Sudheer Rajbhar**, as a project to employ leather craftspeople who were rendered jobless by the 2015 leather ban in India.

Working closely with the Dalit community, particularly in Dharavi, the largest slum in Mumbai, the brand was born out of their ingenious skill at recycling rubber and waste into functional objects using its signature material - a canvas mesh which is fused with a layer of recycled rubber.

After debuting its leather alternative across a line of handbags and fashion accessories, the Chamar project immediately gained the support of the fashion world and journalist Namrata Zakaria facilitated their collaboration with 50 designers, including Sabyasachi and Gaurav Gupta, for a curated selection of bags, that were sold later at Ensemble through a special exhibition.

This was the start of Chamar's successful collaborations that became its signature style of spreading its initiative through Art and Fashion.

**Rashna Doongaji**

**Kanchan Khubchandani**

# PHILOSOPHY AND RELIGION

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Tuesday 18<sup>th</sup> April

11:00 a.m – 12:15 p.m

Zoom meeting:

Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.

Guests welcome

## “PERSIAN LEGENDS”

Persian Legends of yester years were told by Parsi and Irani grandmothers to their children and grandchildren.

These stories which were passed down from generations are sadly lost due to the busy hurried daily lives of the Zoroastrians.

Indus member **Persis Vatcha** will speak to us about Rustom and Sorab, the stories of Shah Faridoon and Zohak, King Hoshang, Peer-e-Sabz, Zal and the Simurgh, and of course Firdoosi and the Shah Namah. Indus member **Jeannie Madan** will show the appropriate pictures.

Persis has done her BA in History and MA in Ancient Asian Cultures winning the first prize in the University of Bombay. She has been awarded the Chhatrapati Shivaji Award, Arjuna Award and Gaurav Puraskar Award for her excellence in swimming. She was captain of the Indian ladies swimming team for the Asian Games and Commonwealth Games in 1982.

Dipika Shroff

Neelu Kapur



# BOOK DISCUSSION

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Wednesday 19<sup>th</sup> April

11.00 a.m - 12.15 p.m

**In-person Meeting:**

**Residence of:**

**Ranjana Mahadevia**  
E11, Sea Face Park,  
Bhulabhai Desai Road,  
Breach Candy,  
Mumbai 400026.

**Guests Welcome**

## **THE SECRET OF MORE by TEJASWINI APTE-RAHM**

INTO THE BEATING HEART OF BOMBAY, a city that spins cotton into gold, young Tatyra arrives to make a living in the city's famed textile market. His bride Radha, raises the family in the traditional yet rapidly modernising city. Set against the backdrop of bustling colonial Bombay, the novel is about relentless ambition, steadfast love, and grim betrayal, as Tatyra strives to unlock the secret of more - of having more and being more. The story travels from the clatter of textile mills to the glamour of the silent film industry, from the crowded chawls of Girgaon to the luxury of sea-facing mansions; one man and his family learn that in the city of Bombay you can fly - but if you fall, it is a long way down.

Writer, journalist and environmental researcher, **Tejaswini Apte-Rahm** will join us today to discuss her first novel – 'The Secret of More'.

**Lubaina Soares**

**Sharmeen Maskati**

# HISTORY CULTURE AND TOURS



Thursday 20<sup>th</sup> April

4.00 p.m to 5.15 p.m

(Please note change of date and time)

**In-Person Meeting:**

Residence of

**SEJAL MODY**

91 Chitrakoot Building,  
Altamount Road,  
Mumbai – 400 026

## HOLA ESPANA !

Spain, known for its food, flamenco dance, siestas, bullfights, art and architecture, festivals, literature, its islands, wine, and even football is a fascinating country that most of us would like to visit in our lifetime. This morning we have **Sonia Algar**, an experienced and innovative Spanish language teacher and longtime native of Barcelona, coming to share her local insight into this Mediterranean delight. Let's all go to Spain .. even if just for an hour.

**Varsha Sheth**

**Sheetal Patel**

# ANNUAL GENERAL MEETING

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The ANNUAL GENERAL MEETING OF INDUS INTERNATIONAL will be held on Friday, 21<sup>st</sup> April 2023 at 11:15 a.m sharp.

**VENUE: BLUE SEA BANQUETS – WORLI SEA FACE - MUMBAI**

## AGENDA

- To read and adopt the Minutes of the last Annual General Body Meeting held on 21st April 2022.
- To read and adopt the Secretary's Report.
- To read and adopt the Treasurers Report.
- To receive and pass the Audited statement of Accounts and audit report for the year 2022-23.
- To appoint Auditors Mukesh Sheth of Sheth & Associates for the Financial year 2023-24.
- To read and adopt the Membership Treasurer's Report
- To pass and adopt Resolutions if any.
- Address by the Advisory Committee.
- Remarks of the Outgoing Presidents.
- To propose the Nomination Slate and Election of the Office Bearers for 2023-24.
- To introduce the new Activity Chairpersons for the year 2023-24.
- Address by the Incoming Presidents.
- Any Other Business
- Indus Song

Any 'Other Business' to be brought up at the AGM on or before Friday 7 th April 2023 by 5:00pm to emailed to the Secretaries,

**USHA JAYARAM ([menonuj@gmail.com](mailto:menonuj@gmail.com))**

Or

**RADHIKA SINGHAL ([radhikasinghal5@gmail.com](mailto:radhikasinghal5@gmail.com))**

**Usha Jayaram**

**Radhika Singhal**

## Board Members 2022-2023

### **PRESIDENTS**

Sheena Kataria  
+91 9820284890  
[sheena\\_kataria@yahoo.com](mailto:sheena_kataria@yahoo.com)

Nalini (Kaya) Shewakramani  
+91 9821052927  
[shewakramani@gmail.com](mailto:shewakramani@gmail.com)

### **VICE PRESIDENTS**

Priya Mehta  
+91 9819131406  
[priya.n.mehta@gmail.com](mailto:priya.n.mehta@gmail.com)

Marietta Barreto  
+91 9822004421  
[mariettabarreto@hotmail.com](mailto:mariettabarreto@hotmail.com)

### **SECRETARIES**

Usha Jayaram  
+91 9820191208  
[menonuj@gmail.com](mailto:menonuj@gmail.com)

Radhika Singhal  
+91 9820722336  
[radhikasinghal5@gmail.com](mailto:radhikasinghal5@gmail.com)

### **TREASURERS**

Nisha Aggarwal  
+91 9920201675  
[nisha3v@gmail.com](mailto:nisha3v@gmail.com)

Amisha Himatsingka  
+91 9322258617  
[amisha@miura.co.in](mailto:amisha@miura.co.in)

### **MEMBERSHIP TREASURERS**

Maya Merchant  
+91 9819296022  
[mayamerchant@hotmail.com](mailto:mayamerchant@hotmail.com)

Ana Panandiker  
+91 9820412594  
[ana.d.panandiker@gmail.com](mailto:ana.d.panandiker@gmail.com)



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