

indus  
INTERNATIONAL



**AUGUST - 2021**

TOGETHER WE CAN BUILD CASTLES  
2021-2022

## **OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967

### **Postal Address :**

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# INDUS INTERNATIONAL

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## NEWSLETTER AUGUST 2021 MONTH AT A GLANCE

Monday	2 <sup>nd</sup>	Executive Meeting
Thursday	5 <sup>th</sup>	Art <sup>^</sup>
Friday	6 <sup>th</sup>	Performing Arts and Philosophy & Religion <sup>^</sup>
Tuesday	10 <sup>th</sup>	Handicrafts <sup>^</sup>
Friday	13 <sup>th</sup>	History, Culture and Tours <sup>^</sup>
Thursday	19 <sup>th</sup>	Book Discussion
Friday	20 <sup>th</sup>	Health & Ecology <sup>^</sup>
Tuesday	24 <sup>th</sup>	Current Events# <sup>^</sup>
Thursday	26 <sup>th</sup>	Music <sup>^</sup>
Friday	27 <sup>th</sup>	Cooking <sup>^</sup>

@ Change of date

# Change of time

<sup>^</sup> Guests allowed

## DESK OF THE PRESIDENTS

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August is a month of celebrations and regeneration with the monsoon rains we are grateful for the opportunity to celebrate together these wonderful occasions. The chairladies have planned wonderful meetings, which will be joyful and will allow us to create new and happy memories. We would like to thank Rupal Wahal and Jaya Chawla for helping us to preserve these great memories by posting photos on our social media (Facebook and Instagram), and Mr. Patwardhan for giving us technical support.

The Board has started to plan this years' fellowship events and we are looking forward to meeting many of our members at **Cyrus Broacha's performance**, Laugh out loud on Thursday, July 29<sup>th</sup>.

One of our themes this year is Unity interwoven with Compassion. Therefore, while we are celebrating and creating good memories together, our disbursement committee has started its work by supporting charitable beneficiaries who were affected by the covid pandemic. We would like to take this opportunity and thank our dear members who contributed this year to the well-deserved charities.

Last month we have started **Zoom Training Sessions** for the benefit of the members who are interested in shaping up their technical skills. It was heartening to have so many members who came forward to support each other. We will continue and have these sessions based on members' requests.

We are looking forward to meeting you all during this month meetings.

**Radhika Kaji**

**Ravit Kedem**



# CHANGES IN DATABASE AUGUST 2021

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## CHANGE IN STATUS

### **From Active to Senior Member**

Annu Toshniwal T18

Indira Amin A30

## RESIGNATION

Helen Morrow MM7

Anuradha Mahindra MM8

## BIRTHDAYS FOR AUGUST

Mikki Hariani	6 <sup>th</sup>
Nisha Assomull	9 <sup>th</sup>
Varsha Sheth	9 <sup>th</sup>
Avni Parikh	12 <sup>th</sup>
Marietta Barreto	13 <sup>th</sup>
Shabana Abdulkarim	15 <sup>th</sup>
Mila Kahlon	16 <sup>th</sup>
Veena Mallick	17 <sup>th</sup>
Methoo Hajeerbhoy	24 <sup>th</sup>
Benu Parkash	26 <sup>th</sup>
Neelam Narayan	29 <sup>th</sup>

## NOTICE BOARD

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### **Annual Fee and Membership Renewal Form**

All those who have not paid their renewal fee of Rs.3,500/- please ensure that you make the payment as soon as possible. Due to the Covid pandemic the last date for payment has been extended to **31<sup>st</sup> August 2021**.

You can pay with Instamojo, just use this link -  
<https://imjo.in/AxkgEN>

or

send a cheque

### **Membership Renewal Form:**

Please ensure that the online membership form has been duly filled and returned via email [membershipindus@gmail.com](mailto:membershipindus@gmail.com) to the membership treasurers by **31<sup>st</sup> August 2021**. This is also an important part of the membership renewal process. Many members who have paid the fees have not yet submitted the form. Please click on the link below to fill the online form and submit the details as soon as possible.

[https://mcusercontent.com/60e5327a8eace8bbfe04877be/files/f73e0c5f-a66a-4490-9083-fb47de1526d1/MEMBERSHIP\\_RENEWAL\\_FORM\\_2021\\_2022.docx](https://mcusercontent.com/60e5327a8eace8bbfe04877be/files/f73e0c5f-a66a-4490-9083-fb47de1526d1/MEMBERSHIP_RENEWAL_FORM_2021_2022.docx)

### **For further information please refer to the June & July Newsletters**

A big thank you to all those who have sent in your fees and the form. The Indus treasurers will be emailing the receipt to all of you. If you have not received the receipt by the end of August and you have paid your fees do get in touch with the treasurers, Kaya Shewakramani and Nisha Aggarwal.



## EXECUTIVE MEETING

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Monday 2<sup>nd</sup>

11 am – 12 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

Ladies, please email a copy of the blurb for your September meeting latest by 7th August 2021 to both:

Shivani Chadda

shivani\_chadda@yahoo.co.in

Rachel Bhot

rachel.bhot@gmail.com

We do not require a hard copy of the blurb.

Please email your attendance sheets from the previous month's meeting to the Membership Treasurers immediately after your meeting on the email given below.

membershipindus@gmail.com

**Shivani Chadda**

**Rachel Bhot**



# ART

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Thursday 5<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **ARZAN IN LOCKDOWN !!!!**

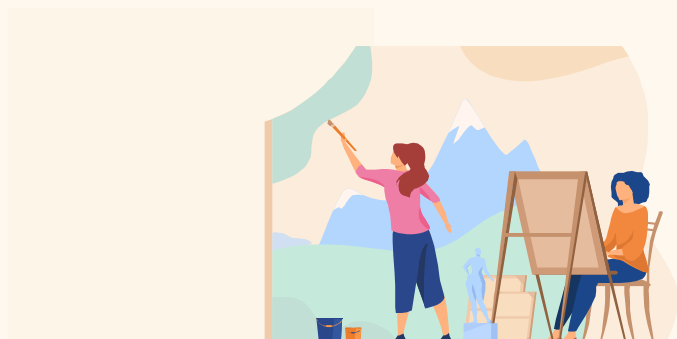
We are privileged to virtually visit the studio of **Arzan Khambatta**, a very well-known and accomplished sculptor, architect and unicycle rider (amongst a myriad of other things).

In these challenging times Arzan has taken to teaching people to relax and draw in his own amazing way. Join us for a walk through his studio, enjoy a look into his private office space, a peek at all his different projects and experience a small doodle session packed with Arzan's energy and amazing talent to impart knowledge in a fabulous positive fun way!

**KEEP PAPER AND A PEN HANDY!!!**

**Jiloo Billimoria**

**Nicola Gerber**





# PERFORMING ARTS AND PHILOSOPHY & RELIGION

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Friday 6<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and  
emailed one day prior to the meeting.**

**Guests Welcome**

## SUFIDANCE & WHIRLING WORKSHOP

Sacred dances have been used for centuries by Middle Eastern mystics to connect with the Divine.

**Zia Nath** is an exponent of Sacred Dance and Whirling Mandala dances, inspired from the ancient temples of Orissa and Sufi traditions in India and Central Asia. She will unravel some of this ancient philosophy for us and share beautiful videos of various Sufi dances.

We will conclude with a 15 minute workshop where we can experience, learn and participate in this mystical whirling meditation and dance.

**Deepika Amin**

**Anahita Havaladar**

**Shalini Chuganee**

**Sabita Chuganee**



# HANDICRAFTS

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Tuesday 10<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **Bring Out Your Inner Artist with Coffee Painting**

Today we will be joined by **Bindal and Payal Shah**, the founders of Artezvous - an enterprise created in 2014 specifically as a platform for emerging artists and to bring affordable artworks to a wider spectrum of art connoisseurs around the globe.

Artezvous has successfully hosted over 90 artists in various shows at prestigious art hubs, like the Cymroza Art Gallery and the Coomaraswamy Hall in Mumbai among others, and also has an online platform. What makes Artezvous unique is that they provide a productive and interactive support to their participating artists by enabling feedback from senior artists, contemporaries and art dealers.

During the Pandemic, Bindal and Payal Shah have conducted many workshops to encourage a love and appreciation of art among participants, and it is one such workshop in Coffee Painting that we bring to you today.

Ladies do join us for what promises to be a wonderful, fun morning!

*\*\*Items needed: 2-3 A5 sized card papers/drawing paper, pencil, eraser, instant coffee powder, 2-3 assorted paint brushes, 4 small containers/katoris, tissues, earbuds, water.*

**Anita Gupta**

**Laila Karan**



## HISTORY, CULTURE & TOURS

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Friday 13<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### **CHANDRALEKHA'S GEOMETRIC DIAGRAMS IN DANCE**

**Nainvi Vora** will take the audience through representations of abstract geometrical imagery in the history of performance art from the Mass Ornament- Tiller Girls to Martha Graham's Errand in the Maze to George Balanchine's Agon, in context to one of the pathbreaking modernists of Indian dance- **Chandralekha's dance formations**. We will examine how Chandra progressed to create a new abstract vocabulary of her own. Besides the Sanskrit language, she had deep knowledge of temple architecture, Chola bronze sculpture, iconography and drew her inspirations from there- reworking their contexts to convey new ideas through dance.

Nainvi Vora has a Masters in Art History, Museology and Indian Aesthetics and has a background working as a Curatorial Assistant at the Jehangir Nicholson Art Foundation, CSMVS, Mumbai. She has researched exhibition catalogs for 'The Journey is the Destination: The Artist's Journey between Then & Now', 2016 and 'Laxman Shreshtha- The Infinite Project I & II', 2016 besides conducting several outreach programs for varied audiences visiting the museum.

Ladies do join us for this interesting meeting.

**Soha Parekh**

**Priya Mehta**



## BOOK DISCUSSION

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Thursday 19<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

### **THE ROSIE PROJECT**

Finding the perfect life partner is a challenging task. In India, the family pitches in, but it's the 'boy' or 'girl's' job in western cultures.

Professor Don Tillman's 'Wife Project', to find a suitable mate who will tolerate his quirky habits and demanding personality, goes haywire when Rosie walks into his office. She's all wrong. On the surface, **Graeme Simsion's The Rosie Project** takes a comical look at partner hunting, but the many layers deal with Asperger's syndrome, genetics and the hunt for a father.

We need 8 ladies to participate in a fun discussion on the 'perfect partner' list. How many boxes did yours\ daughter's\ son's partner tick? Call Madhavi Shah at 9892950153 to register.

**Perna Kewalramani**

**Vidya Srinivas**



## HEALTH & ECOLOGY

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Friday 20<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### **BIODIVERSITY OF SOCOTRA ARCHIPELAGO (YEMEN)**

Socotra Island is in the Indian Ocean, off the coast of Yemen, an Archipelago. An isolated place of odd, beautiful plant and animal life, the island was designated as a UNESCO Man and Biosphere Reserve in 2003 and World Heritage Site in 2008, described as “The most alien-looking place on Earth” and the most beautiful island of the world. There are hundreds of unique flora and fauna that can only be found here. A third of its plant life is endemic, like the unique *Dragon's blood tree*, *Frankincense* and *desert rose* which grows a lovely pink flower. It also hosts a variety of endemic birds, insects, reptiles, crustacean, and corals.

**Salem Hamdiah**, Ing (Engineer), Manager of Biodiversity Management in Socotra Archipelago, Yemen, was born on the island. Postgraduate from Mendel University in Brno, Czech Rep., he is pursuing doctoral studies at University of Ljubljana, Rep. of Slovenia.

Mr. Hamdiah, member of World Network of Island and Coastal Biosphere Reserves (WNISCBR), UNESCO, and representative of Socotra Archipelago, will present to us the beauty and secret biodiversity of this enchanted island.

**Varsha Alwani**

**Shabana Abdulkarim**



## CURRENT EVENTS

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Tuesday 24<sup>th</sup>

11.00 am – 12.00 pm  
(Please note change of time)

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### THE AIRLINE WORLD

Giant steps in technology since December 1903, but are we better off today than in the 20th Century?

Government roles in airlines: success or failure?

External factors impacting airline travel.

What is happening in India today? From J.R. D. Tata to a partially deregulated system.

These and other topics will be addressed by **Steve Forte**, a 41 year airline veteran who will share some of his personal experiences during his career in the USA, Italy, France, and India that included three years as CEO of Jet Airways.

**Please note :** This is a topic that might interest men. Indus is happy to welcome them as guests.

**Varsha Sheth**

**Avni Parikh**



# MUSIC

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Thursday 26<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## WHAT IS BASS GUITAR?

This morning we have **Sheldon D'Silva**, an iconic musician, who has spearheaded the bass guitar in fusion and jazz in India. Sheldon represented the Asian continent at the John F Kennedy Centre for the American roots program and has played at some of the most prestigious festivals in the world.

He has performed with Zakir Hussain, Louis Banks, Al Jarreau, George Duke to name a few. Today, he will take us through his musical journey. He will explain the importance of bass and how it functions in relation with other instruments and the difference between guitars (Lead, Rhythm and Bass). He will play some music to show the importance and the sound of the Bass guitar.

Sheldon will end with a short performance of his videos. The morning promises to be entertaining and informative, so do be there.

**Salome Roy Kapur**

**Marietta Barreto**



# COOKING SWAPSHOP

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Friday 27<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **THE FOOD OF MAHARASHTRA: a sweet and tangy journey**

Today promises to be a delectable morning as we travel to Maharashtra. Maharashtrian cuisine is distinguished by its unique flavours and balance of spicy, sour, bitter and sweet flavours all on a single plate. It ranges from subtly flavoured vegetarian delicacies to hot, aromatic meat and fish curries.

We have with us **Anjallee Paatil**, a lawyer by profession and current 'Head of Legal' for a German Bank. Being the eldest child, the responsibility to cook was often thrust on her. Along the way she developed a passion for it, transforming this reluctant home cook into one who now pursues her hobby seriously. Check out her Instagram page to see her journey as a home cook and a food photographer.


Please join us as Anjallee whips up recipes handed to her from her mother, that are favourites in Maharashtrian households.

**Neelima Patel**

**Rachita Kapur**







*“We are often let down by the most trusted people  
and loved by the most unexpected ones.*

*Some make us cry for things that we haven't done,  
while others ignore our faults and just see our  
smile.*

*Some leave us when we need them the most, while  
some stay with us even when ask them to leave.*

*The world is a mixture of people. We just need to  
know which hand to shake and which hand to  
hold!*

*After all that's life, learning to hold on and  
learning to let go.”*

*by Chanda Kaushik*



## **Board Members 2021-2022**

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