indus INTERNATIONAL

2025-2026

# FINDING COMMON GROUND

MARCH 2026

**OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967

**Postal Address:**
Indus International
DBS Business Centre
213 Raheja Chambers, 2nd Floor
Free Press Journal Marg
Nariman Point
Mumbai 400 021

**Website:** www.indusinternational.org
**Email:** membershipindus@gmail.com
**Instagram:** @indusinternationalmumbai

# March at a Glance

| DATE | ACTIVITY | SPEAKER | VENUE |
|---|---|---|---|
| Monday 2nd | Executive Meeting | | Bombay Gymkhana<br>1, Mahatma Gandhi Road,<br>opp. Fashion Street, Azad Maidan<br>Fort, Mumbai 400001 |
| Thursday 5th | Book Discussion | Ashwiny Iyer Tiwari | Sejal Mody<br>91, Chitrakoot Society, 9th Floor<br>Altamount Road<br>Mumbai 400026 |
| Tuesday 10th | Art & Handicrafts | Aditi Verma and<br>Akhil Balvally | DAG Art Gallery<br>(next to Joy Shoes)<br>Taj Mahal Palace Hotel<br>Apollo Bhunder Road<br>Colaba, Mumbai 400005 |
| Friday 13th | Performing Arts | Taira Malaney | Isha Kedia<br>Malabar Court, 2nd Floor<br>Flat 6, Malabar Hill<br>(right before Malabar Hill Club)<br>Mumbai 400006 |
| Monday 16th | History and Culture | Prerna Kewlaramani<br>and Dorothy Wagle | Preeti Maria<br>1303, Vivarea, Block A<br>Jacob Circle<br>Mahalaxmi<br>Mumbai 400011 |
| Tuesday 17th | Philosophy and Religion | Satish Gupta | Gallery Art & Soul<br>Madhuli - Ground floor<br>Next to Poonam Apartments<br>Worli, Mumbai 400018 |
| Wednesday 18th | Music | Indus Choir | Gita Purandare<br>31/C, Dr N A Purandare Marg<br>Purandare Griha – 4th Floor<br>Chowpatty (Girgaum)<br>Mumbai 400007 |
| Friday 20th | Health and Ecology | Anil Nair | St. Jude India ChildCare Centres<br>Cotton Green Campus<br>Ground Floor, Mumbai Port Trust<br>Colony ABC Colony (Rajas Nagar)<br>Zakaria Bunder Road, Sewri<br>Mumbai 400015 |
| Monday 23rd | Annual Quiz | | Indira Kilachand<br>Kilachand House<br>95 Nepean Sea Road<br>Malabar Hill, Mumbai 400006 |
| Tuesday 24th | Current Events | Natasha Treasurywala | Mirella Fiore Somani<br>Laxmi Vilas, 87 Nepean Sea Road<br>Opp. Narayan Dhabolkar Road<br>Mumbai 400006 |
| Friday 27th | Cooking Swapshop | Chef Kaviraj Thadani | Nisha Mehta<br>A2301 Raheja Vivarea<br>Sane Guruji Marg<br>Jacob Circle, Mahalaxmi<br>Mumbai 400011 |

# From The Desk of The Presidents

Our term is coming to an end just as we were getting into gear.

In the first week of February, the Bihar trippers learned about and experienced the teachings of Buddha, with the most wondrous and miraculous moment being that an entire group of Indus members sat quietly for ten minutes without uttering a single word... Jokes aside, everybody enjoyed the wonderful camaraderie the most! If you want to hear and see all about it, do attend the History & Culture meeting.

We were absolutely delighted to see so many of you attend the Annual Event. Your presence made it another beautiful gathering in this year's calendar. Congratulating Jinx on her 95th birthday, together with the ever so wonderful voices of many choir members, made it particularly special.

For this year's last few meetings, the Chairladies will be giving it their all. We encourage you to attend as many meetings as possible to honour all their hard work.

Having said this, don't miss the Quiz!

**Armaity Sumariwalla** **Gülçin Körpe**

# Notice Board

**Save the Date! AGM**
Save the Date for the AGM on Wednesday, April 15th.

**Newsletter**
Monthly newsletters will be sent by email and WhatsApp to all members. A hard copy of the newsletter will NOT be sent by post. Do update your email address with the Membership Officers.

**Change in Membership Number**
Binaifer Havaldar Antia A99
Guelcin Körpe KH5

# Notice Board

**Directory Details Regarding Membership Categories of Indus International**

Following the long and hard work of the Memorandum Committee last year, and its relevance to the Membership Categories, we would like to briefly explain the Membership Category details, as they will appear in the new directory.

According to the Memorandum of Association, Indian members are those members who either have an Indian passport or are eligible for an OCI card on their own, while holding a foreign passport. These members have to apply under the "Indian" category, but can hold either the Indian or foreign side of any post, except for the Membership Officer's position.

Foreign members are those members who hold a foreign passport and, in some cases, an OCI card as a dependent spouse. These members apply under the "Foreign" category.

**Membership codes as per the new directory:**

- **IA Indian Active member**
- **IS Indian Senior member**
- **I-NR Indian non-resident member**
- **FA Foreign Active member**
- **FS Foreign Senior member**
- **F-NR Foreign non-resident member**
- **IA (F) Indian Active member holding a foreign passport**
- **IS (F) Indian Senior member holding a foreign passport**
- **I-NR (F) Indian non-resident member holding a foreign passport**

# Notice Board

**Whom to Contact on the Board if...**

- You notice an error in the directory – **Membership Officers**
- You do not receive your newsletter – **Secretaries**
- You have an idea for a fellowship meeting, the picnic or the Quiz – **Vice Presidents**
- You would like to assist with a fellowship meeting, the picnic or the quiz – **Vice Presidents**
- You would like to offer your home for a meeting – **Vice Presidents**
- You have changed your address, phone number, or email ID – **Membership Officers** (membershipindus@gmail.com)
- You wish to change your status – **Membership Officers**
- You have a foreign friend who wants to become a member – **Membership Officers**
- You will be unable to attend meetings for an extended period of time – **Membership Officers**
- You need a new name badge – **Membership Officers**
- You have an idea for a speaker for a meeting – **the relevant Activity Chairladies**

# Notice Board

**General Tips for all Members**

**Attendance**

- The Indus year begins on 1st April and ends on 31st March
- 10 meetings must be attended in a year
- 7 meetings should be attended before the end of December
- Please only sign yourself in. If guests are allowed, then sign in your guest
- Arrival after 11:15 am will not be eligible for attendance
- Departure before the speaker has finished, or before the chairlady closes the meeting, will also count as non-attendance
- For in-person meetings, wear your badge at all times. This also applies to Chairladies and hostesses as there are a lot of new members who do not know who you are

**Ways to Earn a Participation Point**

- Being a hostess for a meeting
- Arranging a speaker or demonstration
- Registering names for a meeting
- Introducing or thanking a speaker in the absence of the Chairlady
- Helping a Board Member with computer work or collection of payment
- Helping Chairladies at meetings
- Helping with or hosting one of our many events – Annual Event, Fellowship, Christmas Coffee Morning, AGM, Quiz, Picnic or any other special event
- Acting, dancing, working back-stage, speaking, demonstrating, baking for any special event, taking part in the quiz, etc.
- Giving a donation to Indus International

**You need three (3) participation points during the year.**

# Notice Board

**Indus Etiquette**

We have restarted in-person meetings; so let's remember that the spirit of Indus is about new friendships!

Indus thrives when our members are active and participate. Please ensure that you complete 10 attendance points and 3 participation points during the year, from 1st April to 31st March. 7 attendances should be completed by December.

**A few gentle reminders**
**For meetings at members' homes (in-person meetings)**

1. Please wear your badge at the meeting to make it easier to mingle.
2. If you can host a meeting at your home, please inform the Vice Presidents or any member of the Board.
3. Since wearing a mask is no longer mandatory, please be responsible and avoid attending a meeting if you are unwell.
4. **Only tea, coffee, a cold drink and biscuits should be served by the hostess**. Being a hostess should be easy and the focus should be on the speaker!
5. Please ensure that your cell phones are in silent mode or switched off during meetings.
6. Meetings begin at 11:15 am and end at 12:15 pm. **Your attendance will not be counted if you come in after 11:15 am or leave before 12:15 pm.**
7. Under no circumstances should Indus be used as a forum for publicity. It is strictly forbidden to use the directory to build e-mails or phone listings to advertise.

**For Zoom Meetings**

1. All members should enter their names on the screen in the following order: **Membership Number, Surname, First name**.
2. Keep your videos on at all times, unless advised otherwise by the Chairlady.
3. Do not unmute yourself for the entire duration of the meeting.
4. Be presentable while attending a zoom meeting.
5. Please maintain some decorum even during online meetings.
   - Some members were seen eating or lying back and some even dozing!
   - Some were seen attending meetings in their night clothes.
6. If you have to do anything other than listen to the speaker, kindly turn your video off.
7. Zoom meetings begin at 11:15 am and end at 12:15 pm. **Your attendance will not be counted if you come in after 11:15 am or leave before 12:15 pm.**

# Executive Meeting

**Monday 2nd March** **11:30 am – 12:30 pm**

**Venue:** **Bombay Gymkhana**
1, Mahatma Gandhi Road
opp. Fashion Street
Azad Maidan
Fort, Mumbai 400001

Chairladies, please email a copy of the blurb for your April meeting, latest by 10th March to both:

Ranjana Mahadevia - ranjanamahadevia@gmail.com

Kristin Mehta - kristin.donaldson3@gmail.com

We do not require a hard copy of the blurb.

After your event, please take a clear, straight, and easy-to-read photo or scan of your attendance sheets and upload it to the INDUS Attendance WhatsApp group.

**Ranjana Mahadevia** **Kristin Mehta**

# Book Discussion

**Thursday 5th March**
**Note: Change of Date**

**11:00 am – 12:15 pm**

**Residence:**

**Sejal Mody**
91, Chitrakoot Society
9th Floor, (ring BOTH of the doorbells)
Altamount Road
Mumbai 400026
(Landmark: Next to Lodha Altamount Building)

**Guests Welcome**

**FROM SCREEN TO FICTION – AUTHOR LED DISCUSSION ABOUT CREATIVE STORYTELLING**

**Ashwiny Iyer Tiwari** is a storyteller who has never allowed herself to be confined by format or medium. As a **filmmaker**, she has brought deeply rooted human narratives to life with films like Nil Battery Sannata, Panga and Bareilly Ki Barfi, each marked by emotional honesty and cultural nuance. As a **producer** she has backed powerful stories such as Dangal and Tarla.

Beyond cinema she has also expressed her voice as an **author**. Her first novel, ***Mapping Love*** was published in 2021. This delicately layered, character-driven story follows the main character, runaway Oorja returning to her Indian hometown after her mother's death, only to find out that her estranged father is missing. While searching for him she discovers all kinds of family secrets, tries to heal her childhood trauma and finally finds her place in the complicated tapestry of life between different cultures.

Ashwiny is also the founder of Earthsky Pictures, an advertising and film production company. With her recently completed new feature she continues to prove that for her storytelling isn't bound by medium, it's driven by vision and heart.

Please come, **-even if you don't have time to read the book in advance-**, and enjoy an engaging morning with our speaker.

**Sejal Mody** **Andrea Wrumnig**

# Art & Handicrafts

**Tuesday 10th March**

**11:00 am – 12:15 pm**

**Venue:**

**DAG Art Gallery**
(next to Joy Shoes)
Taj Mahal Palace Hotel
Apollo Bhunder Road,
Colaba, Mumbai, 400005

**BOMBAY FRAMED: PEOPLE, MEMORY, METROPOLIS**

There is no single way to tell the story of Bombay (Mumbai)—because the city has never been one single narrative. From the traders of Crawford Market to the mill workers of Girgaum, from dockyards to film studios, Bombay has never been one singular narrative—a city of shifting realities. In Bombay Framed: People, Memory, Metropolis, historian Gyan Prakash traces this dynamism through the lens of art, architecture, cinema, communities and urban transformation. **Aditi Verma** Senior Manager, and **Akhil Balvally** Assistant Manager, Art Advisories will walk and take us through the galleries and exhibition.

Established in 1993 as an art gallery, DAG has grown to become India's leading art company with a comprehensive collection starting from the eighteenth century . At the heart of the company's programming is ongoing curatorial enquiry and exploration for its exhibitions; a rigorous publishing calendar with an impressive library of books to document Indian art history; commissioning of videos and films in relation to artists and their work; and engagements with artists, critics and the art community at large

**Reema Pahuja**

**Maria Bharwani**

# Performing Arts

**Friday 13th March**
**Note: Change of Date**

**11:00 am – 12:15 pm**

**Residence:**

**Isha Kedia**
Malabar Court, 2nd Floor
Flat 6, Malabar Hill
(right before Malabar Hill Club; 4 steps to the lift)

**TURTLE WALKER – A STORY OF COURAGE, COMMITMENT AND PASSION**

**Taira Malaney** is a documentary filmmaker from Goa. An *Explorers Club 50* honoree, Taira tells deeply moving, character-driven stories exploring relationships between people and nature. Her films are developed alongside impact campaigns to address urgent social justice and environmental issues. The film, *Turtle Walker*, is no exception, and is her directorial debut feature. It won the Grand Teton at the Jackson Wild Media Awards and had its World Premiere at DOC NYC in 2024.

The film *Turtle Walker* is about Satish Bhaskar, a man's quest, who embarks on an epic journey along India's coastline and the spectacular Andaman and Nicobar islands, to help highlight the plight of the sea turtles who could face extinction when their nesting beaches disappear because of climate erosion and human intervention. Taira will share her journey of meeting Satish and the making of this film and its impact. A heartwarming and amazing story you don't want to miss.

The film is being shown at the *Red Lorry Film Festival* on March 13 at 4pm in BKC. If any members are interested in seeing this film (highly recommended), please log onto *Book My Show, Red Lorry Festival* and purchase your tickets.

**Nandhini Ashok**

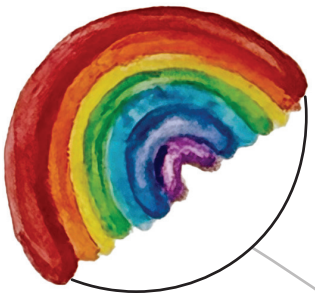
**Avantika Akerkar**

# History & Culture

**Monday 16th March**
**Note: Change in Date**

**11:00 am - 12:15 pm**

**Residence:**



**Preeti Maria**
1303, Vivarea, Block A
Jacob Circle
Mahalaxmi
Mumbai 400011

**THE BUDDHIST TRAIL**

Our Indus Travel Committee organised the most interesting trip for our members charting a course of travel following in Buddha's footsteps. They braved flight delays, foggy weather conditions, cold and have come back with lots of precious and delightful memories, pictures and anecdotes to share with us.

Come join us on this wonderful visual journey conducted by our very own troopers **Prerna Kewlaramani** and **Dorothy Wagle**, as they take us through this ancient spiritual route viewing some World Heritage sites, monasteries, museums, some other places of worship and archaeological sites in Patna and Bodhgaya.

**Varsha Alwani**

**Kavita Aswani Chadda**

# Philosophy & Religion

**Tuesday 17th March**
**Note: Afternoon Meeting**

**4:00 pm – 5:15 pm**

**Venue:**

**Gallery Art & Soul**
Madhuli - Ground Floor
Next to Poonam Apartments
Worli
Mumbai 400018

**Guests Welcome**

**AWAKENING - SATISH GUPTA AN IMMERSIVE ZEN EXPERIENCE OF ART, POETRY & MUSIC**

Join us for a unique afternoon of AWAKENING by renowned and versatile artist, sculptor, poet, writer, and printmaker, **Satish Gupta**.

Winner of the Sanskriti Award at an early stage in his career, his work has been honed through a deep engagement with mysticism and the Zen spirit.

The event will open to the lilting sounds of the flute as the maestro, immersed in his Zen aura, paints haikus live in front of his guests.

The haikus, all written by him, will form the mainstay of each work as Satish creates spontaneously. An afternoon of spellbinding creativity at its very best.

**Sangeeta Javeri**

**Binaifer Havaldar Antia**

# Music

**Wednesday 18th March**
**Note: Change of Date**

**11:00 am – 12:15 pm**

**Residence:**

**Gita Purandare**
31/C, Dr N A Purandare Marg,
Purandare Griha – 4th Floor
Chowpatty (Girgaum)
Mumbai 400007

**INDUS CHOIR – OUR AMAZING ANNUAL SHOWCASE**

Join us for a wonderful morning of music at the INDUS choir's annual concert. There will be a wide range of songs from around the globe to suit all tastes. Travel with us through India - featuring composer Nariman Wadia - plus Japan, America and England.

In addition to these great songs, there will be other musical performances showcasing the incredible talent of some of our choir members.

This will be a fun and uplifting event so please do come and join us!

**Gita Purandare**

**Fiona Rouse**

# Health & Ecology

**Friday 20th March**

**11:00 am – 12:15 pm**

**Venue:**

**St. Jude India ChildCare Centres**
Cotton Green Campus
Ground Floor, Mumbai Port TrustColony ABC Colony (Rajas Nagar)
Zakaria Bunder Rd, Sewri
Mumbai 400015

**A VISIT TO THE ST JUDE CHILDCARE CENTER - HOLISTIC CARE FOR CHILDREN WITH CANCER & THEIR FAMILIES**

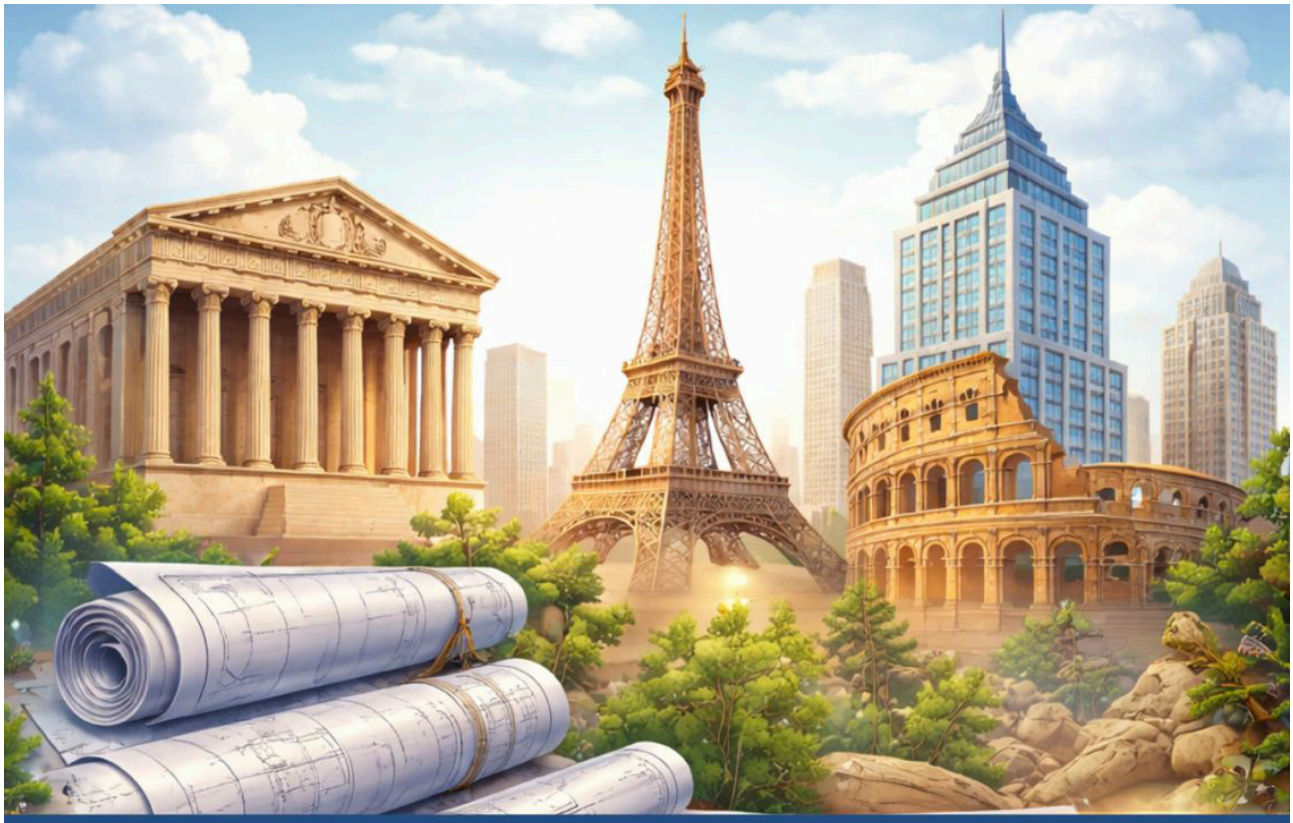
The Health & Ecology team invites all Indus ladies for a visit to the St. Jude India ChildCare Centre at the Cotton Green campus ground, Mumbai Port Trust Colony, Sewri.

St. Jude India is an NGO that does remarkable work supporting children undergoing cancer treatment and their families. Since 2006, when the founders, Shyama and Nihal Kaviratne, discovered a huge unmet need—the lack of a safe and hygienic place for families travelling from smaller towns, remote villages, and underserved districts to big cities for treatment—the organisation has provided free accommodation for the entire duration of treatment. Partner hospitals identify families classified as Below Poverty Line (BPL) and refer them to St. Jude, where they can stay at no cost.

We invite all Indus ladies to interact with the stakeholders of this truly inspirational project. The CEO of St. Jude, **Anil Nair**, will welcome us and offer a guided tour, with opportunities for interaction. Do join us for what promises to be a unique and heartwarming experience.

**Sunita Nahar**

**Els Reynaers**



# Indus Quiz

## Subject: Architecture

## Monday, March 23rd 11:00am - 12:15pm

**Residence: Indira Kilachand**

Kilachand House 95, Nepean Sea Road

Malabar Hill, Mumabi 400 006

**All are welcome to attend and cheer on our contestants,**
**NO REGISTRATION required.**

# Current Events

**Tuesday 24th March** **11:00 am – 12:15 pm**

**Residence:**

**Mirella Fiore Somani**
Laxmi Vilas
87 Nepean Sea Road
Opp Narayan Dhabolkar Rd
Mumbai 400006

**LEGAL TALES & TEA: HOW THE LAW SHAPES MODERN LIFE**

Every aspect of modern life rests on the often invisible architecture of law. What we own, invest in, pass on, dispute, or protect is shaped in boardrooms long before it reaches a courtroom.

In this session, leading corporate lawyer **Natasha Treasurywala**, Partner at Desai and Diwanji, pulls back the curtain on the legal stories behind mergers, investments, family offices, and high stakes deals that quietly move the world.

With 20 years of experience advising on complex cross border M&A, private equity, and venture capital transactions, she offers an insider's view of how power, money, risk, and relationships play out in contracts and negotiations. Recognised among India's top lawyers by Forbes and Asian Legal Business, she also serves as an independent director on several company boards.

Join us for a relaxed morning of legal insight and candid conversation over tea, exploring how the fine print shapes our families, our decisions, and our financial futures.

**Ritu Prakash** **Lizzie Chapman**

# Cooking Swapshop

**Friday 27th March** **11:00 am – 12:15 pm**

**Residence:**

**Nisha Mehta**
A2301 Raheja Vivarea
Sane Guruji Marg
Jacob Circle
Mahalaxmi
Mumbai 400011

**Limit: 30 Members**

**SAVOUR THE FLAVOURS OF KOREA: A CULINARY DEMO WITH CHEF KAVIRAJ**

Join us for an exciting culinary adventure as we dive into the vibrant world of Korean cuisine! Our speaker, **Chef Kaviraj Thadani**, will take us on a flavourful journey, demonstrating the preparation of Japchae, Oi Muchim, and Gamja Jeon. Get hands-on insights into stir-frying glass noodles, crafting a refreshing spicy cucumber salad, and making crispy potato pancakes. Plus, learn tips and tricks to recreate these Korean delights at home!

Chef Kaviraj brings expertise from Les Roches School of Hotel Management, Switzerland, and his own venture, Seoulmate, a renowned delivery kitchen and catering service in South Mumbai. Don't miss this opportunity to indulge in the bold flavours of Korea!

A charge of Rs 300 will be collected at the meeting (payment required for all who have registered). To register, please Whatsapp your name and membership number to **Anu Kedia** at **+91 98210 44588** on **Friday March 20th between 9:00 am and 12:00 pm** only.

**Leena Vaid** **Sasha Zaveri**

# Executive Committee 2025-2026

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# Board Members 2025-2026

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indus INTERNATIONAL

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