

**indus**  
INTERNATIONAL



**APRIL - 2022**

TOGETHER WE CAN BUILD CASTLES  
2021-2022

## **OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967

### **Postal Address :**

Indus International  
DBS Business Centre  
213 Raheja Chambers, 2<sup>nd</sup> Floor,  
Free Press Journal Marg,  
Nariman Point,  
Mumbai - 400021.

**Website :** [www.indusinternational.org](http://www.indusinternational.org)  
**Email :** [indus1international@gmail.com](mailto:indus1international@gmail.com)  
**Instagram :** [indusinternationalmumbai](https://www.instagram.com/indusinternationalmumbai)

# INDUS INTERNATIONAL

---

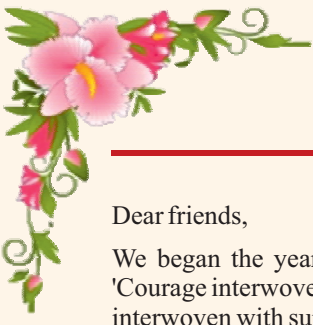
## NEWSLETTER APRIL 2022 MONTH AT A GLANCE

Monday	4th	Executive Meeting
Tuesday	5th	Performing Arts@^
Wednesday	6th	Online Banking^
Thursday	7th	Music@^
Friday	8th	History, Culture and Tours^
Tuesday	12th	Handicrafts^
Thursday	14th	Art@^
Monday	18th	Bingo Night
Tuesday	19th	Philosophy & Religion^
Thursday	21st	AGM

@ Change of date

# Change of time

^ Guests allowed



## DESK OF THE PRESIDENTS

---

Dear friends,

We began the year with our motto ' **Together we can build castles**' with pillars of 'Courage interwoven with Optimism', 'Change interwoven with acceptance & 'Friendship interwoven with support'. Today as we stand and take stock of the year which has gone by we are grateful for the castles of friendship we have built together, the support for changes we have got and the changes we have made for the betterment of our very own Indus. Changes are never easy to accept but our **advisors** and the **adhoc committee** steered us through the entire process helping us keep the ethos of Indus intact. For this we are grateful to them.

Our year of presidentship seems to have flown by without us realizing it and the reason for that is our **dream team, our board members-** who supported us through the year.

We are truly grateful for the amazing **Executive Committee** and our dedicated Chairladies who assisted us to overcome the Covid-19 challenges and organized interesting and memorable meetings on Zoom.

This year we have taken 14 new members and updated our directory after 4 years. For this, we are grateful to the database committee for continuously working behind the scenes to make sure all Indus communications run smoothly.

And now, how can we not thank the endless Committee Members who supported us through the year: Disbursement, Nomination, Membership, Computer, Quiz, Annual Event, Fellowship-Christmas Coffee Morning, Fellowship – Founders' Day, Seniors' Participation Helpers, and many more. Each and every exclusively has helped us make the year 2021-2022 a special year.

Last but not the least we are truly grateful to all the **Indus members** who supported us through the year. We are truly grateful to you our dear Indus members who assisted us to maintain the Indus ethos of friendship and fellowship through the challenges of Covid-19.

**Thank you, Thank you, Thank you**

This year was a difficult year for all. The pandemic affected each and everyone in some way to another. We would like to thank our donors, who helped us to disburse a sum of Rs 25 lacs plus to various **NGOs**, supporting them during hard Covid Times.

It was truly an honor to serve you as this year's presidents. Thank you for your faith in us and for giving us this opportunity.

We resonate with what Robert Frost has rightly said

**"The woods are lovely, dark and deep, but I have promises to keep, and miles to go before I sleep & miles to go before I sleep"**

Let us join together in welcoming the New Board for 2022-2023 and wish them a great year

**Radhika Kaji**

**Ravit Kedem**



## INDUS INTERNATIONAL BOARD 2022-2023

---

On behalf of The Nominating Committee it is my pleasure to present the Indus International board for 2022/23.

	<b>Indian</b>	<b>Foreign</b>
<b>President</b>	Sheena Kataria +919820284890 sheena_kataria@yahoo.com	Nalini Shewakramani +919821052927 shewakramani@gmail.com
<b>Vice President</b>	Priya Mehta +91981931406 priya.n.mehta@gmail.com	Marietta Barreto +919822004421 mariettabarreto@hotmail.com
<b>Secretary</b>	Gayatri Bewoor +919819499938 Arun.bewoor@yahoo.com	Radhika Singhal +9820722334 radhikasinghal5@gmail.com
<b>Treasurer</b>	Nisha Aggarwal +919920201675 nisha3v@gmail.com	Amisha Himatsingka +919322258617 amisha@miura.co.in
<b>Membership Treasurer</b>	Maya Merchant +91 9819296022 mayamerchant@hotmail.com	Ana Panandiker +919820412594 ana.d.panandiker@gmail.com

**Dinoo Parakh**  
**Chairperson of the Nomination Committee**

## FINAL DISBURSEMENTS 2021-22

---

WITH AARYA	COVID MEDICAL RELIEF - DAILY MEAL	1,00,000
IMPACT INDIA FOUNDATION	COVID MEDICAL RELIEF - MEDICAL KIT	97,500
UNITED WAY MUMBAI	COVID MEDICAL RELIEF - RATION & HYGIENE SUPPLIES TO DAILY WAGE EARNERS	2,00,000
HELPING HANDS FOUNDATION	COVID MEDICAL RELIEF - RATION & HYGIENE SUPPLIES TO DAILY WAGE EARNERS	1,90,000
UNITED WAY MUMBAI	COVID MEDICAL RELIEF - PPE KIT	1,00,000
PASSAGES	BREAST CANCER PATIENTS TREATMENTS & INVESTIGATIONS	2,00,000
ROTARY CLUB BOMBAY CHARITIES TRUST NO.3	DIALYSIS TREATMENT	1,08,000
APOLLO HOSPITALS CHARTIBLE TRUST	FREE VACCINATION DRIVE	60,000
ROTARY CLUB BOMBAY CHARITIES TRUST NO.3	DIALYSIS MACHINE	6,14,500
ROTARY CLUB BOMBAY CHARITIES TRUST NO.3	EDUCATION	1,00,000
KSHTIJ	PURCHASE OF RAW MATERIAL FOR DIWALI PRODUCTS	50,000
WIT	UPGRADING FOR NURSE'S HOSTEL	1,74,500
SRUJNA-	WOMEN'S EMPOWERMENT	1,60,000
SRCC	EQUIPMENT FOR CHILDREN'S REHAB	47,088
TOUCH WORLD	SUPPORT OF CORRECTIONAL HOMES	75,000
DEEDS	VOCATIONAL TRAINING OF THE DEAF	50,000
TATA INSTITUTE OF SOCIAL SCIENCES	REHABILITATION OF WOMEN & CHILDREN	70,000
MASINA HOSPITAL	UPGRADATION OF THE OTs, DIALYSIS UNIT	30000
FRIENDS OF TRIBALS SOCIETY	SPONSOR EDUCATION FOR CHILDREN IN RURAL VILLAGE	25000
THE TEAMWORKS FINE ARTS SOCIETY	PROJECT OF THE EMERGENCY RELIEF FUND TO PROVIDE FOOD, MEDICINES AND HEALTH CARE	50000
	<b>Total</b>	<b>25,01,588</b>

## NOTICE BOARD

---

### PAYMENT OF FEES FOR 2022/23

The Indus Membership fees for the year 2022/23 are Rs.3,500. Please pay your fees by either of the following methods no later than **31st July 2022**.

#### Check payment

Please send a crossed check made payable to Indus International to the Treasurers:

Nisha Aggarwal  
16 Vijay Mahal, 4 th floor  
D road, Opp Wankhede Stadium  
Churchgate  
Mumbai 400020  
Phone: +91 99202 01675

Amisha Himatsingka,  
41 somerset house,  
4th flr A wing,  
Near Sophia college,  
Sahakari bhandar lane  
Breach candy,  
Mumbai 400026  
Phone : +91 93222 58617

Or

#### Online Transfer

Renewal through a payment gateway link .

You can pay with Instamojo, just use this link -

<https://imjo.in/AxkgEN>

After you click the link in the “Purpose of Payment” write your full name and membership number and complete the online transfer.

#### Membership Renewal Google Form

Please click on the link below. It will open up the Membership Renewal Google form. Kindly fill it and press the submit button.

<https://forms.gle/7XksvwFKLA4wgTwC9>



## NOTICE BOARD

---

### NEW MEMBERS FOR 2022/23

It gives us great pleasure to welcome the following new members to the Indus family.

Aditi Thaker Shah	SM 4
Amita Sheth	SM 6
Farah Raina	R 77
Harsha Shaparia	SM 7
Isha Kedia	KJ 9
Khadija Manekia	MN 1
Minakshi Todi	T 54
Rashna Bilimoria	BE 8
Reema Pahuja	PC 2
Sejal Mody	MM 9
Sonica Arya	A 93
Sunita Nahar	N 47
Swati Jajodia	J 62
Vasant Singh	SM 5

### **The Membership Committee**

### BIRTHDAYS FOR APRIL

Shivani Chadda	7 <sup>th</sup>	Susan Seth	8 <sup>th</sup>
Jackie Jhavery	10 <sup>th</sup>	Nalina Mansukhani	11 <sup>th</sup>
Rupande Parekh	13 <sup>rd</sup>	Radhika Singhal	23 <sup>rd</sup>
Medha Chinai	26 <sup>th</sup>	Samina Khorakiwala	27 <sup>th</sup>
Sheetal Patel	29 <sup>th</sup>		





# EXECUTIVE MEETING

---

Monday 4<sup>th</sup>

11 am – 12 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

Ladies, please email a copy of the blurb for your June meeting latest by 10th April 2022 to both:

Shivani Chadda  
Rachel Bhot

shivani\_chadda@yahoo.co.in  
rachel.bhot@gmail.com

We do not require a hard copy of the blurb.

Please email your attendance sheets from the previous month's meeting to the Membership Treasurers immediately after your meeting on the emails given below.

skriegner@yahoo.com  
mayamerchant@hotmail.com

**Shivani Chadda**

**Rachel Bhot**



## PERFORMING ARTS

---

Tuesday 5<sup>th</sup>

11.15 am – 12.15 pm  
(Please note change of date)

**ZOOM meeting:**                    **Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### **SOMY ALI – Rising against all odds**

Actress **Somy Ali** seemed to be living a fairy tale life. A 16 year old Pakistani girl chasing and achieving her Bollywood dream; a romantic relationship with a superstar ... what more could a young girl want?

But behind the glitter were stories violence and toxic behaviour. Finally escaping to the US - she reinvented herself. Her own experiences of being abused and raped as a child, motivated her to start her NGO – No More Tears USA – which rescues and rehabilitates victims of domestic violence and trafficking.

**Somy Ali** joins us from Miami – in a pre-recorded interview, where she speaks freely and frankly about her life.

Actresses are often dismissed as frivolous and shallow, but we can learn so much from this courageous woman who rose like a phoenix from the ashes of her own life.

**Deepika Amin**

**Anahita Havaladar**



# **SPECIAL MEETING**

---

Wednesday 6<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **ONLINE BANKING**

Anjali Kalachand is an ex Banker, who studied Economics, Banking and Finance in the UK. She pursued a career in banking where she worked in Mauritius, London and Mumbai for a decade before she decided to pursue her passion and founded a start-up to bring quality products and solutions to pet parents, to simplify pet parenting.

In this session Anjali will cover topics such as:

- How to open an internet banking account
- Why internet banking is so important and what precautions one needs to take when operating their account
- What are the key features of internet banking
- What is google pay and Paytm and how to make digital payments
- What precautions one needs to take when using this

Do join us for this informative session.

**Radhika Kaji**

**Ravit Kedem**

# MUSIC

---

Thursday 7th

11.15 am – 12.15 pm  
(Please note change of date)

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **INDUS MUSIC QUIZ**

The quiz this morning is going to be a lot of FUN!

There will be three teams of four members in each team.

**Ten Rounds in all.**

Two on Western Classical

Two on Indian Classical

Two on Western Pop

Two on Indian Pop

One on Western Instruments

One on Indian Instruments

Do be there to cheer the teams and to participate in the quiz.

**Salome Roy Kapur**

**Marietta Barreto**



## HISTORY, CULTURE & TOURS

---

Friday 8<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### **LOST WEAVES OF MAHARASHTRA**

Is Paithani the only popular textile of Maharashtra?

Is everything woven in Paithan entitled to be addressed as Paithani?

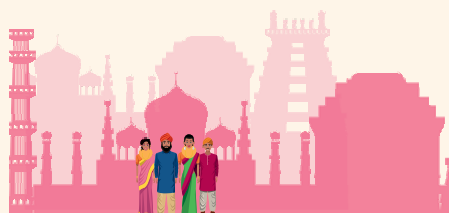
What are the other textile traditions that were known to Maharashtra?

There is not much documentation available for some of the weaves. Today, **Vinay Narkar** will be presenting us with some of the answers to these questions and most importantly how folk literature has helped him in reviving 2 textile traditions of Maharashtra namely Chandrakala and Joat.

Vinay Narkar is a weaver whose fascination lies in reviving the forgotten weaves of Maharashtra. He has written articles about the decaying Indian weaves and Textile Traditions of Maharashtra 2020 and 2021 in the leading Marathi newspaper, Loksatta. He has revived textiles like Irkal, Chandrakala sarees, Cotton Paithanis, Joat sarees of Vidarbha and Paithani Shalu sarees of Maharashtra.

**Soha Parekh**

**Priya Mehta**



## HANDICRAFTS

---

Tuesday 12<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

### **Building a grassroots network of artisans, and connecting them globally**

In this session, **Dipali Khandelwal**, communications consultant at Jaipur Rugs, will discuss building the best artisan proposition for the Global Hand Knotted carpet industry, by connecting artisans and customers directly to each other and nurturing co-creation.

Jaipur Rugs is a for-profit social enterprise that combines the pursuit of profit with the spreading of kindness, with the aim of benefiting all the people sitting around its rugs; customers, artisans, local communities, employees, suppliers, buyers and partners.

Founded in 1978 by NK Chaudhary, Jaipur Rugs revolutionized the carpet industry by creating an entirely new business model – working directly with artisans and empowering them and their communities with a sustainable livelihood.

Dipali will share the 3-phase Jaipur Rugs model that is enabling and empowering thousands of people across the globe. She will talk about the importance of frontline in a craft-based business, building self-management for deeper impact, and connecting rural artisans to international markets.

Ladies join us for what promises to be a truly unique and fascinating morning.

**Anita Gupta**



**Laila Karan**

# ART

---

Thursday 14<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

## **ART CONSERVATION**

Today we welcome **Vedika Kochhar, Art conservator, restorer and consultant.** She is the founder of **Partum Restauoro**, a conservation Studio in Mumbai. Vedika has a Masters in Conservation of Art from Florence. She has worked at San Felice degli Artiginalli, Florence conserving paintings from churches in Florence, Sienna and Pisa. She also has a Masters in Art Business from Sotheby's institute of Art London and also advises clients on how to diversify their portfolios with art, sourcing and collection management.

She will explain what conservation and restoration really are and the importance of them in the Indian context due to our climatic conditions and pollution. Using examples of the most common damage seen to paintings and paperworks in our homes she will explain the causes for them and teach us a few do's and don'ts when taking care of our collections as well as essentials to remember when storing and packing artworks.

**Jiloo Billimoria**

**Nicola Gerber**



## BINGO NIGHT

---

Monday 18<sup>th</sup>

5.00 pm – 6.00 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

A second round due to popular demand! It was so much fun playing Bingo the first time that we decided to host another exciting round and end the year with some Bingo Fun! The same easy game where you will be provided with a ticket and numbers will be announced virtually on Zoom. Bingo is incomplete without some exciting and fun gifts so of course; we will have those too.

**IT IS VERY IMPORTANT TO CALL AND REGISTER YOUR NAME.**

Only those who register will be allowed to play. So please make sure you register. Please note that it is very difficult to accommodate you without prior registration.

For registration please send a Whatsapp message only anytime or day before 16th April to:

Radhika Kaji 99872 00001:

Ravit Kedem 98198 37111:

Limit: 50 There will be no charge. No guests please.

If there are cancellations, those on the waitlist will be contacted.

**Nisha Aggarwal**



## PHILOSOPHY & RELIGION

---

Tuesday 19<sup>th</sup>

11.15 am – 12.15 pm

**ZOOM meeting:**

**Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

**Guests Welcome**

**A Framework to the Universal work of human evolution... the journey within**

In today's conversation with Shalini Chuganee, **Sangeeta Waddhwani** seasoned author, magazine editor, society observer and spiritual seeker will touch upon how she experimented with different modalities of evolution and found her own voice as an influencer and blogger in the Metaverse, post the death of the print era.

After a 10-week programme called The Incredible You by Arfeen Khan, Sangeeta Waddhwani saw fascinating parallels between contemporary life coaching guidelines and the teachings of both Buddhism and Krishna consciousness. Both the philosophies at the core believe that human beings are far more empowered to create the lives they desire, than they realise.

Please join us for this most enlightening session.

**ShaliniChuganee**

**Sabita Chuganee**



# ANNUAL GENERAL MEETING

---

The Annual General Meeting of Indus International will be held on

**Thursday, 21st April 2022 at 11.15 am sharp**

**Venue: Zoom Meeting. Zoom ID will be posted on WhatsApp and emailed one day prior to the meeting.**

## AGENDA

- Minutes of the AGM 2021
- Membership Treasurer's Report
- Treasurer's Report
- Resolutions (if any)
- Advisory Committee Report
- Remarks of the Outgoing Presidents
- Presentation of the Proposed Nomination Slate and the Election of the Office Bearers for 2022/23
- Address by Incoming Presidents
- Any Other Business
- Indus Song

Any 'Other Business' to be brought up at the AGM should be emailed latest by 7th April 2022, to any of the Secretaries, Namita Jatia (namitajatia@gmail.com) or Meera Shah (mirishah@gmail.com)

**Meera Shah**

**Namita Jatia**

## Board Members 2021-2022

### **PRESIDENTS**

Radhika Kaji  
+91 9987200001  
radhikakaji@gmail.com

Ravit Kedem  
+91 9819837111  
Kravit1@gmail.com

### **VICE PRESIDENTS**

Shivani Chadda  
+91 9821045900  
Shivani\_chadda@yahoo.co.in

Rachel Bhot  
+91 9819090166  
Rachel.bhot@gmail.com

### **SECRETARIES**

Mira Shah  
+91 9323272644  
mirishah@gmail.com

Namita Jatia  
+91 9820207486  
namitajatia@gmail.com

### **TREASURERS**

Kaya Shewakramani  
+91 9821052927  
shewakramani@gmail.com

Nisha Aggarwal  
+91 9920201675  
nisha3v@gmail.com

### **MEMBERSHIP TREASURERS**

Selma Kriegner  
+91 8828020886  
skriegner@yahoo.com

Maya Merchant  
+91 9819296022  
mayamerchant@hotmail.com



TOGETHER WE CAN BUILD CASTLES  
[www.indusinternational.org](http://www.indusinternational.org)