



indus
INTERNATIONAL

2022-2023



PATIENCE & PERSEVERANCE

FEBRUARY 2023

OBJECTIVES OF INDUS

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967


Postal Address :

Indus International
DBS Business Centre
213 Raheja Chambers, 2nd Floor,
Free Press Journal Marg,
Nariman Point,
Mumbai - 400021.

Website : www.indusinternational.org
Email : membershipindus@gmail.com
Instagram : [indusinternationalmumbai](https://www.instagram.com/indusinternationalmumbai)

INDUS INTERNATIONAL

NEWSLETTER FEBRUARY 2023 MONTH AT A GLANCE

DATE	ACTIVITY	SPEAKER	VENUE
Friday 3 rd	Performing Arts	Avantika Akerkar	Vandana Kanoria, Charmicheal road
Saturday 4 th	Special Meeting History Culture & Tours  	Kirthida Unwala	Jama Masjid Sheikh Memon Street Crawford Market Mumbai 400002
Monday 6 th	Executive Meeting		ZOOM
Thursday 9 th	Art 	Tarana Khubchandani	Jehangir Art Gallery, Kala Ghoda
Friday 10 th	Annual Event 		Grounds of Saher Agiary Breach Candy
Tuesday 14 th	Handicrafts	Stefano Funari	Annu Toshniwal, Worli
Thursday 16 th	Health & Ecology 	Menaka Deorah	Kathiwada City House, Worli
Friday 17 th	Book Discussion 	Karen Anand	Preeti Maria, Rajeja Vivarea, Mahalaxmi
Tuesday 21 st	Philosophy & Religion 	Jaya Row	Anita Gupta, Churchgate.opp Sydenham College
Wednesday 22 nd	Special Meeting	Minakshi Todi	ZOOM
Thursday 23 rd	Music	Nyah Bhat Aditya Bhat Maira Mahadevia	Sulu Samant, Carmicael Road
Monday 27 th	Cooking Swapshop 	Surita Mehra	Vrinda Jhunjhunwala, Bhulabhai Desai Road.
Tuesday 28 th	Current Events 	Pritika Hingorani	Pervin Poonawala, The Imperial, Tardeo

Change of date: 

Change of time: 

Guest Allowed 

DESK OF THE PRESIDENTS

Desk of Presidents

It's February already! Many fun events to look forward to despite it being a short month and several official commitments to attend to for this financial year.

Last month we had our Indus Annual Picnic and 34 members were warmly welcomed by our very own member Preeti Maria at her Karjat school. Thank you Preeti.

We met with the **Ad hoc Committee** last month, please read the outcome of discussion points, after the notice board.

We have an overwhelming response to the highlight event of the year- the Parsi theme dinner as a celebration of Indus friendship, teamwork and selfless work done by many of our Stalwarts (we all know who they are !) we enthusiastically await this special evening.!

Thanks to the efficient travel committee, the trippers are all set for their tour to Gwalior, Panna and Khajuraho in the third week of the month.

The Disbursement committee will be meeting for its second round of donations to be given to NGOs. Last date for sending in appeals is 3rd February 2023.

This month, two special meetings have been organised....more details in the newsletter.

The Nominating committee details are given in the Notice Board. Nominations for positions for the incoming Board may be sent to the Chairperson Phiroza Muncherjee in writing or email latest by 25th February 2023.

Our resourceful Chairladies who gave you outstanding meetings are looking for their successors. Being a chairlady or on any team is the quickest way to making and fostering friends within Indus. If you are interested in taking on a position as an activity chair or being on any INDUS team, do contact any member of the Board.

Sheena Kataria

Kaya Shewakramani

Ad-Hoc COMMITTEE 2022-2023

The following is the summary of the points discussed at the Ad hoc Committee meeting held on 5th Jan 2023.

SUMMARY OF POINTS OF THE AD-HOC COMMITTEE MEETING HELD ON 5TH JANUARY 2023

1. Clubbing Arts & Handicrafts under One Activity group; making 9 meetings per month with speakers (with effect from 1st April 2023)
2. Indians with foreign passports may hold office on the Board in case a foreigner is not eligible for the post.
3. Similarly In case of chairladies, 2 Indian members may hold the chair position of an activity group in case a foreign counterpart is not available or eligible for the same.
4. An Indian active member be appointed to work with the membership treasurers and Neena Patel for the Maintenance of the database. This will help the continual update of the Database year after year.
5. An Archive committee be established which will include a tech team as a custodian of the digital data. This committee will safeguard the important documents both in physical and soft copy.
6. All members on turning 70 fill a membership form which will indicate their willingness to continue to contribute to the club actively.
7. A buddy system is being initiated on a trial basis with the 2022 new Indian, foreign and a few senior members.

Resolutions Passed by the Board

Resolution 1 : Resolved to combine Art & Handicraft activity groups and the same is renamed ART & HANDICRAFT from April 2023.

Resolution 2: Resolved that Indians with Foreign Passports in the Club may be allowed to hold office on the foreign side on the Board. However, for the activity chair ,two Indians may be appointed for the year, in case a foreign member to chair the activity group is not available.

Further, Resolved that this resolution is applicable for the year 2023/24 only and only if the Nominating committee is unable to find foreign candidates for the Board Position.

Resolution 3: Resolved that an additional experienced member assist the Membership treasurers for updating the database ; this member will be on the database committee team

Resolution 4: Resolved to establish the Archive committee for the duration of 2 years; to preserve the digital records of Indus and include the technological team of 3 Indus member who will be the custodian committee of the data stored on the cloud.

NOTICE BOARD

CONDOLENCES

Deepest condolences to Dipika Shroff on the sad demise of her Mother-in-law.

Deepest condolences to Cherry Mehta on the sad demise of her Mother.

WOMEN'S DAY CELEBRATION

We celebrate Women's day on 9th March, 2023.
Don't miss the flyer for more details and join in for the celebration.

DISBURSEMENT OF INDUS FUNDS

Indus International is getting ready to disburse funds.
We invite appeals from NGOs having valid 80G certificate.
Please email appeals to the Presidents shewakramani@gmail.com,
sheena_kataria@yahoo.com by 3rd February 2023.

NOMINATING COMMITTEE

2022- 2023 **Nominating Committee** has been appointed to facilitate the appointment of the Incoming Board of 2023-2024.
Please send in via email or hard copy your nominations for the Presidents and Vice Presidents and other members of the Board to any members listed below.

Members of Nominating Committee

Chairperson - Phiroza Muncherjee

**Anjali Mariwala
Arti Sanghi
Maria Bharwani
Maya Merchant**

When Women Support Each Other.. Incredible Things Happen



**Ladies.. please save the date for the
Women's Day Celebration!**

Day : Thursday • Date : 9th March 2023

Attendance with Registration only!

Please do join in large numbers to celebrate US!

PERFORMING ARTS

Friday 3rd February

11.15 a.m. – 12.15 p.m.

In-Person Meeting:

Residence of:

Vandan Kanoria
Bhagwati Bhavan
Carmicheal road
Mumbai 400026

Guests welcome

Avantika Akerkar

After having lived in New York for many years, **Avantika Akerkar** returned to India to work on civic and social issues. However, through a serendipitous encounter in 2001, Avantika took to the stage and film.

Since then she has acted in many plays and films like *The Loins of Punjab*, *The World Unseen*, which premiered at the Toronto and London Film Festivals and *The Second Best Exotic Marigold Hotel* and recently, the theatrical production of *Monsoon Wedding* in New York directed by Mira Nair. She has worked with Oscar winning actors including Jane Fonda, Marissa Tomei, Dames Judi Dench and Maggie Smith and Richard Gere. On the local front, she has filmed with Naseeruddin Shah, Nawazuddin Siddiqui, Shabana Azmi, Amitabh Bacchan and others.

Today AVANTIKA will take us through this interesting journey and regale us with her stories

Gopi Vaid

Neeru Mehra

SPECIAL MEETING

HISTORY CULTURE AND TOURS

Saturday 4th February

10:30 a.m. – 11:30 a.m
(Please note change of time)

In Person Meeting

Venue

Jama Masjid
Sheikh Memon Street,
Near Crawford Market,
Mumbai – 400 002.

Limit: 30

JAMA MASJID : the oldest mosque in the city of dreams - Mumbai

A visit to an exquisite Masjid in the bustling Crawford Market area on Sheikh Memon Street, the masjid boasts of beautiful and intricate carvings, breathtaking artworks and the fascinating marble stonework and has a fascinating history attached to it.

This Masjid built in 1806 has been lovingly restored by conservation architect **Kirtida Unwalla**.

Kirtida will walk us through the masjid and explain the renovation process and its history.

Please Note: There are stairs to climb to see the different parts of the masjid.

Dress Code: Head, hands and legs need to be covered .

Assemble: Meet at 10:20 am outside Jama Masjid

There will be a charge of Rs. 100/- per person, will be collected on the day.

Register with Jiloo Billimoria on 98200 54566 on
Monday 30th January 2023 from
10:30 am to 12:30 pm and from 3:00 pm to 5:00 pm

Varsha Sheth

Sheetal Patel

EXECUTIVE MEETING

Monday 6th February

11:00 a.m. – 12:15 p.m

Zoom meeting:

Zoom ID will be posted
On WhatsApp and emailed
one day prior to the meeting.

Ladies, please email a copy of the blurb for your **March** meeting latest by **10th February 2023** to both:

Priya Mehta

priya.n.mehta@gmail.com

Marietta Barreto

mariettabarreto@hotmail.com

We do not require a hard copy of the blurb.

Please email your attendance sheets from the previous month's meeting to the **Membership Treasurers** immediately after your meeting on the emails given below.

mayamerchant@hotmail.com

ana.d.panandiker@gmail.com

Priya Mehta

Marietta Barreto

ART

Thursday 9th February

11.00 a.m. – 12.15 p.m.
(Please note change of date)

In-Person Meeting:

Venue:

JEHANGIR ART GALLERY
161B, Mahatma Gandhi Road,
Kala Ghoda, Fort,
Mumbai - 400001
Maharashtra

Art Forward

Visual Art in its contemporary sense has always been a reflection of the social climate and its environs.

KGAF 2023 will showcase ART FORWARD in its futuristic avatar with a focus on movement and progress.

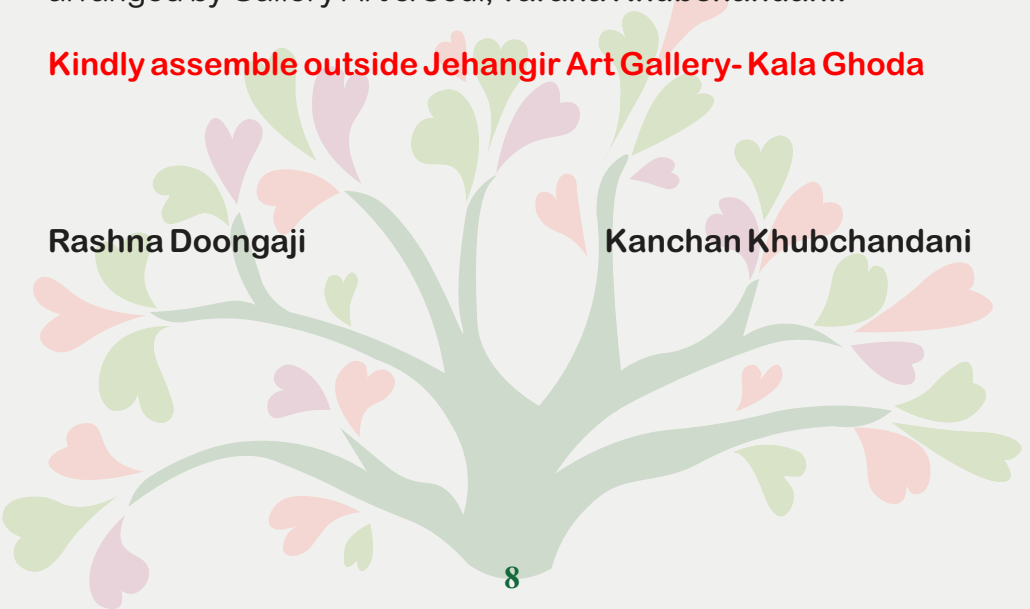
The global emergence from a period of inactivity to an era heralding positivity, change and progress is m the hallmark of the art installations presented in the KG Arts Festival 2023.

Join us for a curated walk through on Thursday 9th Feb at 11 am, arranged by Gallery Art & Soul, **Tarana Khubchandani**.

Kindly assemble outside Jehangir Art Gallery- Kala Ghoda

Rashna Doongaji

Kanchan Khubchandani



INDUS ANNUAL EVENT

Friday 10th February

7:00 p.m. – 10:30 p.m.

Venue

Saher Agairy

H. D. Saher Agiary Trust
51- Bhulabhai Desai Road
Breach Candy
Opp. Anand Bhavan
Mumbai – 400 026

ANNUAL EVENT

Our annual Event is at **Saher Agiary** from 7:00 pm onwards. The venue is the Agiary grounds, so ladies and gentlemen, feel free to dress up in your Garas and Daglis! Put on your dancing shoes to dance to some English and Hindi hits. Enjoy some good wine and beer along with a scrumptious Parsi bhonu (veg/non veg) specially curated by Tanaz Godiwala. Come along with your partner/spouse/significant other.

JAMVA CHALO JEE...

Prizes for the three unusual Gara Ensembles

Sheena Kataria

Kaya Shewakramani

Please note : VALET PARKING is available

Please note : Entry with prior registration only

MUSIC

February 13th

4:00 p.m. – 5:15 p.m.

(Please note change of date and time)

In person meeting:

Venue:

Sulu Samant,
Carmicael House,
Carmicael Road,
Mumbai - 400026.

Music is Everything.....

It is our great pleasure to introduce three young and multi-talented students of music **Nyah and Aditya Bhat and Maira Mahadevia** this evening. They have completed Grade 8 and 7 IN ABRSM and will fill this magical evening with peppy numbers from the 80s to now and of course play some pieces of classical music as an interlude,

We promise a fun session and do hope that you attend in large numbers to support and encourage the future generation of musicians who have very kindly in their busy 9th and 10th grade exam schedule made time for us and planned this event with great love and hours of practise.

Please do come and make this evening special.

Hemal Udani

Ranjana Mahadevia

HANDICRAFTS



Tuesday 14th February

11.15 a.m – 12.15 p.m

In-person meeting

Venue:

Residence of:

Annu Toshiniwal
Lalit Kuni, 6th Floor,
70, Pochkhanawala Road
Worli, 400 030

Limit 30

I was a Sari....

'I was a Sari' is an award-winning social enterprise that takes used saris and turns them into beautiful clothes, accessories, and more. This circular economy business has scaled to a global enterprise and is worn by celebrities around the world. It has won several awards and is now in partnership with one of the world's most iconic fashion brands: Gucci.

More important than its accolades is its impact: 'I was a Sari' employs over 200 artisans, over 50% of whom were never employed before. They create jobs for women from disadvantaged parts of India and give them reliable, flexible work-hours so that they - and their families - can thrive.

We will be joined by Founder and CEO, **Stefano Funari**, who will share his journey from Milan to Mumbai where he founded the company in 2013. Stefano's longer-term vision is a platform that makes business more beautiful, with 'I was a Sari' as his first success story.

Shabana Abdulkarim

Helen Craggs

Registration : Benu Prakash on 98205 57345

Wednesday 8th February 3:00 pm – 5:00 pm OR

Thursday 9th February 3:00 pm – 5:00 pm.

HEALTH AND ECOLOGY

Thursday 16th February

11:00 a.m. – 12:15 p.m

In-Person Meeting:

Venue:

Kathiwada City House
69, West more,
Pochkhanwala Road,
Worli, Mumbai - 400018.

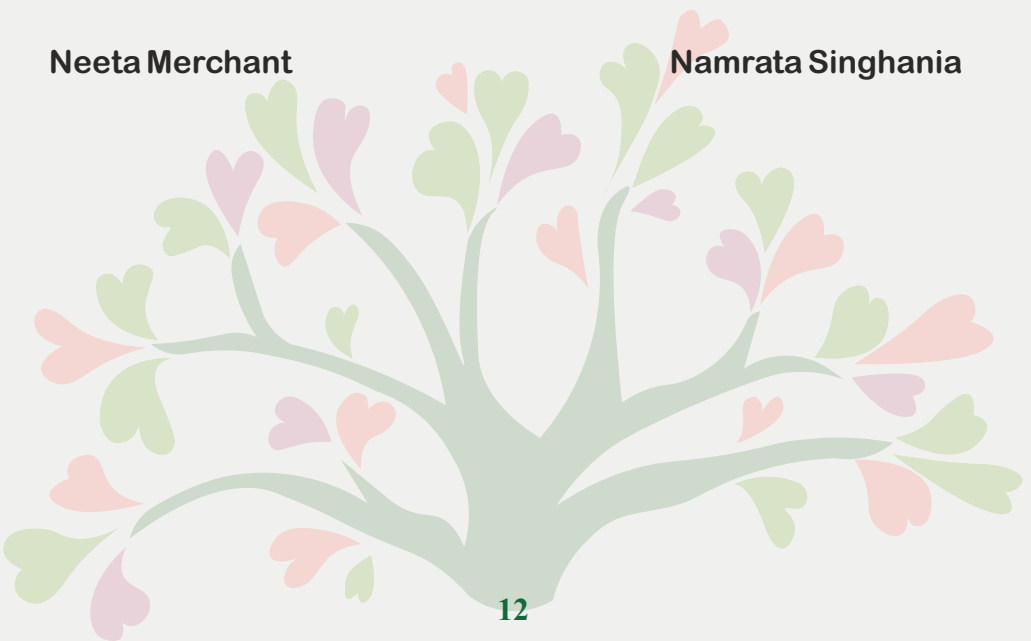
Maeka Waters Auroville

Menaka Deorah will take us through an interesting journey today. Having grown up with Pondicherry's international spiritual backdrop and having curated life changing inner leadership programs for all demographics, she sees water playing a key role in our aspirations as global women. When water is at its natural peak state of purity, vitality, structure, minerality, vibration and taste then it can nourish us optimally and aid us in the pursuits of our goals, in the life we want to lead.

On this lovely February morning, in the artistic ambience of KCH, Maeka Waters Auroville and Menaka recount the story of water with sounds, senses, silence, prose and poetry.

Neeta Merchant

Namrata Singhania



BOOK DISCUSSION

Friday 17th February

11.00 a.m. – 12.15 p.m.
(Please note change of date)

In-person Meeting:

Residence of:

Preeti Maria
A-1303 Raheja Vivarea,
Sane Guruji Marg,
Jacob Circle, Mahalaxmi,
Mumbai - 400011.

Guests Welcome

MASALA MEMSAHIB: Recipes and Stories from My Culinary Adventures in India BY KAREN ANAND

In our endeavour to cover a variety of genres, our book for February is 'Masala Memsahib' by well-known gourmet and food writer **Karen Anand**. Part memoir-part cookbook, 'Masala Memsahib' describes Karen Anand's culinary journey across five states of India and gives the reader an insight into the many mouth-watering local cuisines and their flavours, by understanding the foods of different regions and how the palate differs across the sub-continent.

'Masala Memsahib' Karen Anand will join us today to tell us about how her life in India 'has been, and continues to be, one long, delicious journey of discovering and experiencing food with depth and complexity, humour and humility'.

Lubaina Suares

Sharmeen Maskati

Book for March: Lessons in Chemistry by Bonnie Garmus.

PHILOSOPHY & RELIGION

Tuesday 21st February

11:00 a.m. – 12:15 p.m.
(Please note change of date)

In Person meeting:

Residence of:

Anita Gupta
32/3 Sahakar Bldg.,
B” Road, Churchgate,
Opp. Sydenham College,
Mumbai.

Guests welcome

“A UNIQUE FORMULA TO ACHIEVE HAPPINESS?”

Every living being is in the pursuit of happiness. However, very few of us achieve it. This is because life is misleading. That which gives instant joy leads to sorrow in the end and that which appears painful in the beginning gives happiness in the long run.

Vedanta gives a unique formula for happiness by which we can gain bliss both in the immediate present as well as in the long term. It prescribes methods by which we can attain happiness at every level of our personality - sensual, emotional, intellectual as well as spiritual.

Jaya Row is one of the most powerful speakers on Vedanta - the oldest management school in the world. She has gained international recognition, having spoken at prestigious forums such as the World Economic Forum Davos, World Bank, Young Presidents' Organization, Princeton University, Purdue University, Washington University and others..

Dipika Shroff

Neelu Kapur

SPECIAL MEETING

Thursday 23rd February

4.00 p.m. – 5.00 p.m.

Zoom meeting -

Zoom ID will be posted
On WhatsApp and emailed
one day prior to the meeting

Personal Finance for the Non – Finance Person

Learn everything Finance no matter what age you are!!! Today we have our very own **Minakshi Todi** a former Investment Banker, has her own financial literacy start up called the Finance Box.

Her talk on personal finance is simple, easy and for complete beginners. If you want to start taking an active part in your financial decisions but don't know where to start, this step by step guide will help you navigate the complicated world of finance. This talk will give you an overview on how financial planning is done, what are the factors one must consider when making decisions and finally well, help us assess how much money do we really need?

Sheena Kataria

Kaya Shewakramani

COOKING SWAPSHOP

Monday 27th February

11.15 a.m. – 12.15 p.m.
(Please note change of date)

In-Person Meeting:

Address:

Vrinda Jhunjunwalla
28, Sheela Apts,
B.Desai Road,
Mumbai - 400026.

Limit: 25 Ladies

Feast for the Senses !!

Eye-catching and delectable easy to do **Salads / Dips** with an emphasis on **Food Plating**

This morning we have our own Indus member **Leena Vaid** and **Surita Mehra** who will once again demonstrate their flair for food plating in easy and eye-catching styles.

The meeting will start with a demonstration of a Salad and then flow into the aesthetics of food plating to make the meal look Enchanting and Yummilicious !!

Our eyes feast on the delectable fare before the juices start flowing ...!!

Registration **Arti Sanghi : 9821043970**
24th February from 9:30 a.m to 12.00 noon.
Please call during the stated time.

Let's all savour this experience !!

Bina Kejriwal.

Anju Siraj

CURRENT EVENTS

Tuesday 28th February

11.15 a.m. – 12.15 p.m.

In-Person Meeting:

Residence of:

Pervin Poonawala
1405, The Imperial,
North Tower,
BB Nakashe Marg,
Tardeo, Mumbai - 400034.

Guests welcome

21st Century Government: The role of civil society and think tanks

Much has changed since Independence. Today's government leaders not only have to deliver on ghar, kapda, makaan, but also deal with complex problems like climate change, urbanisation and cyber security. But has 19th century government been updated for 21st century challenges? Where do policy ideas come from? How can think tanks support governments to respond to sudden challenges like the Covid pandemic? In this session, Pritika will discuss how civil society and think tanks can support civil servants to respond to complex challenges, independent from the politics that consume so much of the national debate.

Pritika Hingorani is CEO (India) of Artha Global, a policy research organization that works with civil servants across the developing world. Pritika spent the last decade helping scale IDFC Institute, a think tank. She has a Masters in City Planning from the Massachusetts Institute of Technology and a BA in development economics from Bryn Mawr College.

Anjali Mathur

Selma Kriegner

breathe

she sat at the back
and they said she was shy
she led from the front
and they hated her pride

they asked her advice
and then questioned her guidance
they branded her loud
then were shocked by her silence

when she shared no ambition
they said it was sad
so she told them her dreams
and they said she was mad

they told her they'd listen
then covered their ears
and gave her a hug
whilst they laughed at her fears

and she listened to all of it
thinking she should
be the girl they told her to be
best as she could

but one day she asked
what was best for herself
instead of trying
to please everyone else

so she walked to the forest
and stood with the trees
she heard the wind whisper
and dance with the leaves

and she spoke to the willow,
the elm and the pine
and she told them what she'd been told
time after time

she told them she never
felt nearly enough
she was either too little
or far, far too much

too loud or too quiet
too fierce or too weak
too wise or too foolish
too bold or too meek

then she found a small clearing
surrounded by firs
and she stopped and she heard
what the trees said to her

and she sat there for hours
not wanting to leave
for the forest said nothing...
it just let her breathe

Board Members 2022-2023

PRESIDENTS

Sheena Kataria
+91 9820284890
sheena_kataria@yahoo.com

Nalini (Kaya) Shewakramani
+91 9821052927
shewakramani@gmail.com

VICE PRESIDENTS

Priya Mehta
+91 9819131406
priya.n.mehta@gmail.com

Marietta Barreto
+91 9822004421
mariettabarreto@hotmail.com

SECRETARIES

Usha Jayaram
+91 9820191208
menonuj@gmail.com

Radhika Singhal
+91 9820722336
radhikasinghal5@gmail.com

TREASURERS

Nisha Aggarwal
+91 9920201675
nisha3v@gmail.com

Amisha Himatsingka
+91 9322258617
amisha@miura.co.in

MEMBERSHIP TREASURERS

Maya Merchant
+91 9819296022
mayamerchant@hotmail.com

Ana Panandiker
+91 9820412594
ana.d.panandiker@gmail.com



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www.indusinternational.org

