



**APRIL 2024** 

### **OBJECTIVES OF INDUS**

To provide a cultural opportunity for English speaking Indian and Non-Indian women to meet together for joint participation in activities of mutual interest, to promote understanding between countries and to provide a forum for the development of fellowship.

Indus International M.O.A. 1967

#### Postal Address:

Indus International DBS Business Centre 213 Raheja Chambers, 2<sup>nd</sup> Floor Free Press Journal Marg Nariman Point Mumbai - 400021

**Website:** www.indusinternational.org **Email:** membershipindus@gmail.com **Instagram:** indusinternational Mumbai

Indus International

## April at a Glance

DATE	ACTIVITY	SPEAKER	VENUE
Wednesday 3 <sup>rd</sup> Note: Change of d	Executive meeting late		ZOOM
Tuesday 9 <sup>th</sup> <b>Note: Change of d</b>	Art & Handicrafts late	Vanita Bhandari	<b>Vanita Bhandari</b> 7 Kamal Mahal Carmichael Road
Tuesday 16 <sup>th</sup>	Philosophy & Religion	Persis Vatcha	Parnika Khanna 4 A Woodlands Pedder Road
Friday 19 <sup>th</sup>	Annual General Meeting		Blue Sea Banquets Worli Sea face



## From the Desk of the Presidents

Our year as Presidents has flown by and we are truly grateful to our Board members and Executive Committee members who have planned outstanding meetings and events and have supported us throughout the year.

There are also so many committee members who work endlessly behind the scenes and assist us to maintain the Indus ethos of friendship and fellowship. Sincere thanks to our Advisory, Nominating, WhatsApp & Computer, Social Media, Database, Disbursement, Ad-hoc and Travel committees, as well as all our members who worked tirelessly at our various annual events. There are just too many to name individually, but it is only because of each and every one of these members that our year has been so very fulfilling and successful. Their tremendous effort and faultless planning have made the year exceptional and so easy for us both.

We will meet once more at the Annual General Meeting where we will welcome and handover to the new Board and Executive Members for 2024-25. We wish them a great year filled with achievements and memorable experiences.

Hema (Tinu) Shanghvi

Pervin Poonawala



# On behalf of the Nominating Committee, it is my pleasure to present the Indus International Proposed Board for 2024-25

### **PRESIDENTS**

Medha Chinai Soledad Gramajo +91 98200 31885 +91 88262 33796 mkchinai@hotmail.com sgramajo1@yahoo.co.ar

#### VICE PRESIDENTS

Anu Kedia Juliana Ballard +91 98210 44588 +91 91520 05183 anukedia63@gmail.com diplomatsballards@yahoo.com

### **SECRETARIES**

Hemal Udani Marietta Barretto +91 98211 19815 +91 98220 04421 hemalu@gmail.com mariettabarretto@hotmail.com

#### **TRFASURFRS**

Ameeta Shah

+91 98200 72658

shahameeta@hotmail.com

Neeta Merchant

+91 98676 43230

neetamerchant@goodearth.in

#### MEMBERSHIP TREASURERS

Christina Mirani Nicola Gerber +91 70452 01350 +91 9820682450 chris.mirani@gmail.com nicola@fusionstudio.eu

Sarita Agarwal Chairperson, Nominating Committee

....the education of even a small child therefore does not aim at preparing him for school, but for life ......Maria Montessori

After ninety years of nurturing children's minds, the iconic Montessori nursery school Casa Montessori at Marine Drive is closing. This was established in 1934 by the aunt of our member **Nazneen Dubash**. For the last several decades, Nazneen has run this nursery school with great empathy and professionalism and has moulded the minds of countless young children. She has now decided to retire.

She might have had other options but her decision to embrace philanthropy & generosity stands out as an inspiration to us all. As the establishment had to shut, Nazneen chose to donate every single item in her Montessori to charitable institutions, as per the wishes of her aunt.

This included tables, benches, chairs, stools, cupboards, an entire stage unit, shelving racks, coat stands, bulletin boards, black boards, white boards, educational charts and toys, posters, board games & puzzles, books, a huge selection of various teaching aids, utility materials, cc tvs., etc.

Nazneen kindly donated all of this to us at Indus International, and together we identified several non-profit organisations. We distributed the items to those we were confident would benefit from them. We will be following up to ensure this.

These are the main beneficiaries:

- Aseema
- CORP (community outreach program)
- Seva Sadan
- Manay
- The Bai B S Bengalee School
- The Women Graduates Union

In addition, various other NGOs were given educational teaching items.

On behalf of everyone at Indus International we wish to sincerely thank Nazneen Dubash for her kindness & generosity.

Her contribution holds immense significance and will make a lasting difference to so many underprivileged children in our Mumbai community.

## final Disbursement 2023-24

Organisation	Project	Amount
Manav	Mental Illness	Rs 1,00,000
Pragati		
Prashishtan	Hearing impaired tribal children	Rs 1,00,000
Prayas	Rehabilitation & training of ex-prisoners	Rs 1,00,000
	Cancer surgery & treatment (Dr Sultan Pradhan's	
Cancare	foundation)	Rs.1,00,000
Palcare	Palliative care for cancer patients	Rs 1,00,000
All Saints Home	Old age home for women	Rs 1,00,000
Wecan	Work with disadvantaged children in shanties	Rs 1,00,000
	Nutritious food parcel distribution to	
Annam	underprivileged children	Rs 1,00,000



## Notice Roard

### **NEWSLETTERS**

Monthly newsletters will be sent by Email and WhatsApp. Please contact the Vice Presidents if you have not received your newsletter.

### **ZOOM MEETING RULES**

- 1) No entries post 11:25 am.
- 2) All Cameras on at 11:10 am and at the end of the meeting at 12:15 pm. A screenshot will be taken. Only those members on that screenshot will be given attendance.

#### CONDOLENCES

Our deepest condolences to Padma Vazirani on the sad demise of her husband.

Our deepest condolences to Rina Kapadia on the sad demise of her father.



## Database Changes For April 2024

## Change of Status

ME-8	Senior
S-16	Resigned
MN-4	Non-Resident
SF-8	Non-Resident
	S-16 MN-4



## **Executive Meeting**

Wednesday 3<sup>rd</sup> April Note change of date 11:00 am - 12:15 pm

### **ZOOM**

Ladies, please email a copy of the blurb for your June meeting, latest by 10<sup>th</sup> May, 2024, to both:

Armaity Sumariwalla <u>armaitys@gmail.com</u>

Vidya Srinivas <u>vidyacadambe@gmail.com</u>

We do not require a hard copy of the blurb.

Please email your attendance sheet for each month to the Membership Treasurers, immediately after your meeting, on the emails given below.

Nicola Gerber: nicola@fusionstudio.eu Christina Mirani: chris.mirani@gmail.com

**Armaity Sumariwalla** 

Vidya Srinivas



## **Art & Handicrafts**

Tuesday 9<sup>th</sup> April 11:00 am to 12:15 pm

Residence of: Vanita Bhandari

7 Kamal Mahal, 4th floor 17 Carmichael Road (Next to Usha Kiran, Behind Jaslok Hospital) Mumbai 400026

Limit: 30 members

#### GARA EMBROIDERY - THEN AND NOW

Indus member **Vanita Bhandari** is a fashion entrepreneur who is working on the revival of hand embroidery. She took over her mother's home-grown embroidery business. Coming from a mixed marriage – a Parsi mother and a Punjabi father - she opened a store in her mother's name and created a brand-**Pegara**.

At her home, you will see, touch and feel antique Garas, jackets and kors (borders) and observe first-hand the intricate fine embroidery executed in different stitches. She will also take us through the history of traditional Garas and talk about their adaptations in modern times.

To register, please send a WhatsApp message to Vidya Srinivas on  $+91\,98699\,18348$  on  $5^{th}$  April, by  $5:00\,\mathrm{pm}$ 

Prerna Kewalramani

Juliana Ballard

## Philosophy And Religion

Tuesday 16<sup>th</sup> April 11:00 am - 12:15 pm

Residence of: Parnika Khanna

4A Woodlands Pedder Rd

(Opposite Vama) Mumbai 400026

Guests Welcome

#### **GREEK MYTHOLOGY**

What is a myth? The function of a myth will be discussed in today's talk. We will learn about gods, goddesses, demi-gods, the creation of man and the relationship of man and Gods today.

Our speaker, Indus member **Persis Vatcha** will discuss the stories of Zeus and Hera, The Trojan War, The Fall of Troy, The Labours of Hercules. We will delve into the love stories of Hero and Leander, Baucis and Philemon, Pyramus and Thisbe, Narcissus, Phaeton, Aeneas, Bellerophon and Orpheus. Come to listen and laugh at how life can throw you a curved ball!

Persis has done her BA in History and her MA in Ancient Asian Cultures, winning the first prize from the University of Bombay. She has been awarded the Chhatrapati Shivaji Award, Arjuna Award and Gaurav Puraskar for her excellence in swimming. She was captain of the Indian ladies' swimming team at the Asian Games and Commonwealth Games in 1982.

Come lose yourself in the legends of the stimulating and exciting Greek myths.

Dr. Jeannie Madan

Benu Parkash

## Annual General Meeting

Friday 19<sup>th</sup> April 11:00 am - 12:30 pm

Venue: Blue Sea Banquets

Worli Sea face Mumbai 400 030

Registration and submitting of Membership Renewal forms and fees will begin at 10:30 am.

The Membership Renewal form is on the next page, followed by the Participation form. Members are requested to print, fill and submit the forms at the Annual General Meeting.

Forms will also be sent by WhatsApp and email to all the members.

At the Annual General Meeting, members may pay by cash or cheque – payable to Indus International.

The option to pay the membership renewal fee by cash will only be available at the Annual General Meeting.

You can also pay the membership renewal fee via the Google link.

The link for the membership renewal fee payment will be shared via WhatsApp and email.



#### NEW MEMBERSHIP / MEMBERSHIP RENEWAL FORM 2024 – 2025

- 1. PLEASE FILL ALL ENTRIES & RETURN FORM TO THE TREASURER BEFORE 31/07/2024.
- 2. PAYMENT CAN BE MADE AT THE AGM OR THROUGH THE LINK SHARED ON THE INDUS NOTICE BOARD OR TO THE TREASURERS.

<ol> <li>CHEQUES SHOULD BE MADE PAYABLE TO INDUS INTERNATIONAL.</li> <li>AT THE AGM, OR THEREAFTER, FEES WILL NOT BE ACCEPTED WITHOUT THE RENEWAL FORM.</li> <li>MEMBERS 70 YEARS OF AGE AND ABOVE MAY OPT FOR THE 'SENIOR MEMBER' STATUS</li> </ol>
COMPLETE INFORMATION NAME: MEMBERSHIP No: NATIONALITY: STATUS: ADDRESS: DATE OF BIRTH: CITY & PIN CODE: PHONE NUMBERS: MOBILE No: EMAIL: NEXT OF KIN NAME: NEXT OF KIN MOBILE: NEXT OF KIN EMAIL:
FOR OFFICE USE ONLY RECEIVED FROM: MEMBERSHIP No: PAID Rs. 3,500/- (MEMBERSHIP RENEWAL FEES) CHEQUE No: BANK: DATE: FOR TREASURER:
ACKNOWLEDGEMENT RECEIVED FROM: MEMBERSHIP No: PAID Rs 3500/- IN WORDS: THREE THOUSAND FIVE HUNDREND ONLY CHEQUE No:

FOR TREASURER:

BANK: DATE:

## **MEMBERSHIP PARTICIPATION FORM 2024 – 2025**

PLEASE FILL ALL ENTRIES & RETURN FORM, ALONG WITH MEMBERSHIP RENEWAL FEES, AT THE AGM OR TO THE TREASURER BEFORE 31/07/2024.

NAME:					
MEMBERSHIP No:					
1. CAN YOU HOST A MEE	TING? YES □ NO □ FOR F	HOW MANY PEOPLE?			
	YOU VOLUNTEER A HOM GE EVENTS SUCH AS A FE MANY PEOPLE?				
3. DO YOU HAVE A PIANO SPECIAL EVENTS? YES	O THAT CAN BE USED FOR S □ NO □	MEETINGS OR			
4. WOULD YOU LIKE TO BE A CHAIRLADY FOR ANY OF THE FOLLOWING ACTIVITIES?					
☐ ART & HANDICRAFTS	☐ HEALTH & ECOLOGY	☐ PHILOSOPHY & RELIGIO			
$\square$ BOOK DISCUSSION	☐ HISTORY, CULTURE & TOURS				
☐ COOKING SWAPSHOP	□ MUSIC	$\square$ PERFORMING ARTS			
☐ CURRENTS EVENTS					
5.HOW ELSE CAN YOU H	ELP INDUS THRIVE?				
CAN YOU ARRANGE FOR SPEAKERS?		YES □ NO □			
CAN YOU HELP ORGANIZ	YES □ NO □				
CAN YOU HELP WITH REC	YES □ NO □				
CAN YOU HELP WITH TEC	YES □ NO □				
CAN YOU HELP COLLECT	YES □ NO □				
HAVE YOU EVER BEEN A BOARD MEMBER OR A CHAIRLADY? YES ☐ NO ☐					
IF YES, WHAT POSITION:					
YEAR:	The seal	G			

## Indus International Annual General Meeting Agenda

Friday 19<sup>th</sup> April 11:00 am – 12:30 pm

Venue: Blue Sea Banquets

Worli Sea Face

#### **AGFNDA**

- To read and adopt the Minutes of the last Annual General Meeting held on 21st April 2023.
- To read and adopt the Secretary's Report.
- · To read and adopt the Treasurer's Report.
- To receive and pass the Audited Statement of Accounts and Audit Report for the year 2023-24.
- To appoint Auditor Mukesh Sheth of Sheth & Associates for the financial year 2024-25.
- · To read and adopt the Membership Treasurer's Report
- · To pass and adopt Resolutions, if any.
- · Address by the Advisory Committee.
- · Remarks of the Outgoing Presidents.
- To propose the Nomination Slate and elect the Office Bearers for 2024-25.
- To introduce the new Activity Chairpersons for the year 2024-25.
- · Address by the Incoming Presidents.
- · Any Other Business
- · Indus Song

Any item to be brought up under "Any Other Business" at the AGM should be intimated to the Secretaries on or before Friday 5th April 2024, 5:00 pm.

REKHA CHHABRIA - achhabria19@gmail.com SHETAL PATEL - sheetalpatel27@hotmail.com

Rekha Chhabria

Sheetal Patel

## Executive Committee 2023-2024

**Art & Handicrafts** 

Prerna Kewalramani Juliana Ballard +91 9820238123 +91 9152005183

**Book Discussion** 

Farah Raina Ayesha Soonawalla +91 9820450806 +91 9821029744

**Current Events** 

Neelam Narayan Barbara Halusa +91 9820287877 +91 9152240884

**Cooking Swapshop** 

Amita Sheth Medha Chinai +91 9820031532 +919820031885

History, Culture & Tours

Sonica Arya Radhika Singhal +91 9820046682 +91 9820722336

**Health & Ecology** 

Ritu Joshi Bharti Chotirmal +91 9892330121 +91 9820048890

**Philosophy & Religion** 

Jeannie Madan Benu Parkash +91 9820180997 +91 9820557345

<u>Music</u>

Seema Singh +919820127741

Performing Arts

Sunita Nahar +91 9820280782 /Harsha Shaparia +91 9821113193

Zia Mehta +91 9820120227

## Board Members 2023-2024

#### **PRESIDENTS**

Hema (Tinu) Shanghvi +91 9821027654 tikash61@gmail.com Pervin Poonawala +91 9820092668 pervinpoonawala@hotmail.com

## **VICE PRESIDENTS**

Armaity Sumariwalla +91 9820284858 armaitys@gmail.com Vidya Srinivas +91 9869918348 vidyacadambe@gmail.com

### **SECRETARIES**

Rekha Chhabria +91 9820159594 achhabria19@gmail.com Sheetal Patel +91 9820058817 sheetalpatel27@hotmail.com

## **TREASURERS**

Amisha Himatsingka +91 9322258617 amisha@miura.co.in Ameeta Shah +91 9820072658 shahameeta@hotmail.com

## MEMBERSHIP TREASURERS

Christina Mirani +91 70452 01350 Chris.mirani@gmail.com Nicola Gerber +91 9820682450 nicola@fusionstudio.eu



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